

CAROLINA

2015 Tar Heel Wrestling



John Michael
Staudenmayer



Evan Henderson
Two-time All-America



Christian Barber



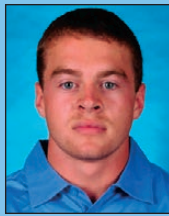
2014 NCAA QUALIFIERS



Frank Abbondanza



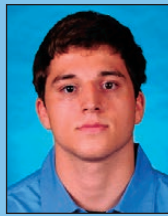
Christian Barber



Joshua Bauer



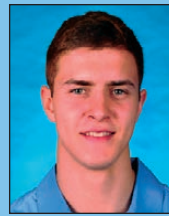
Anthony Bosco



Jack Clark



Houston Clements



Kyle Coniker



Ben Courmoyer



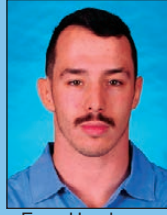
Jacob Crawford



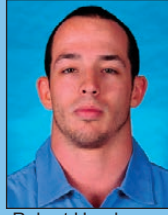
Cory Daniel



Troy Heilmann



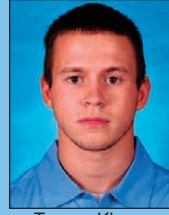
Evan Henderson



Robert Henderson



Cody Kams



Tyrone Klump



Scott Marmoll



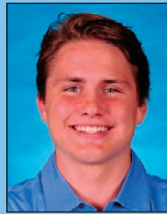
Chris Mears



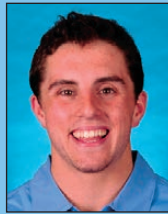
Joe Moon



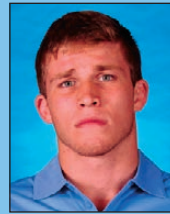
Francisco Mora



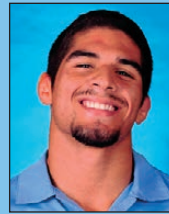
Chip Ness



Jacob Pincus



Anderson Pope



Ethan Ramos



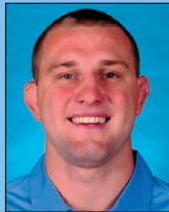
Alex Rinaldi



Cody Ross



Michael Silk



J.M. Staudenmayer



Mitchel Thomas



Alex Utley



Joey Ward



Matt Williams



David Woody



C.D. Mock



Coleman Scott



Neil Erisman



Kyle Kiss



2014-15 NORTH CAROLINA TAR HEELS

2014-15 NORTH CAROLINA WRESTLING

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GoHeels.com

Media and fans can follow the Carolina wrestling team and the rest of the UNC athletic program from anywhere in the world on the official site of North Carolina athletics.

GoHeels.com offers schedules, rosters, results and more for all 28 of Carolina's varsity sports.

Supporting Carolina Wrestling

The University of North Carolina at Chapel Hill and Nike, Inc. signed a new 10-year contract for Nike to be the exclusive supplier of athletic footwear, apparel and accessory products to the Tar Heels effective July 1, 2008. Nike will provide the athletic department with shoes, uniforms, coaching gear, balls and other equipment. In addition to the apparel and equipment, which constitutes the majority of the value of the contract, Nike will give the University \$2 million to the Chancellor's Academic Enhancement Fund. Chancellor Holden Thorp says he will direct the funds to faculty support. Nike will also provide support for team tours, travel and hosting regular-season tournaments in several sports. The athletic department will also receive \$1 million for signing the contract, with those funds being used to overhaul lighting and sound at the Dean E. Smith Center.



Head Coach C.D. Mock is in his 12th season at the helm of the UNC wrestling program.

University Of North Carolina

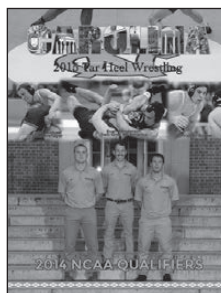
Location:	Chapel Hill, N.C.
Chartered:	1789
Enrollment:	18,503
Chancellor:	Carol Folt
Director of Athletics:	Bubba Cunningham
Affiliation:	NCAA Division I
Conference:	Atlantic Coast Conference
Nickname:	Tar Heels
Mascot:	Rameses (a ram)
Colors:	Carolina Blue and White
Athletic Department Web Site:	GoHeels.com

Carolina Wrestling Information

Head Coach:	C.D. Mock (North Carolina, 1982)
Record at UNC:	97-99-3 (12th Year)
Overall Record:	Same
Office Phone:	(919) 962-5212
Office Fax:	(919) 962-1646
Assistant Coach:	Coleman Scott (Oklahoma State, 2008)
Year at UNC:	First
Assistant Coach:	Neil Erisman (Oklahoma State, 2011)
Year at UNC:	First
Assistant Coach:	Kyle Kiss (North Carolina, 2012)
Year at UNC:	First
Office Phone:	(919) 962-5212
Home Arena:	Carmichael Arena
Arena Capacity:	6,822
ACC Championships:	17: 1979, '80, '84, '85, '86, '87, '92, '93, '94, '95, '97, '98, '99, 2000, '03, '05, '06
2013-14 Dual Record:	7-12
2013-14 ACC Record (Finish):	1-5 (Sixth)
2014 ACC Championships Finish:	Fourth - 38 points
2014 ACC Champions:	1 (Nathan Kraisser - 125)
2014 NCAA Championships Finish:	T25th - 15.5 points
Returning 2014 NCAA Qualifiers:	3
Returning All-Americans:	1 (Henderson)
Starters Returning/Lost:	8/2
Letterwinners Returning/Lost:	18/8
Athletic Training Staff:	Head Athletic Trainer - Sally Mays; Graduate Assistant Athletic Trainers - Brett Pexa, Ruth Fuqua; Orthopaedic Surgeon - Dr. Alex Creighton; Primary Care Physician - Dr. Tom Brickner

UNC Athletic Communications

Assistant A.D. for Athletic Communications:	Kevin Best
Assistant Director (wrestling contact):	Bobby Hundley
Email Address:	bhundley@unc.edu
Office Phone:	(919) 843-5678
Cell Phone:	(919) 428-0893
Office Fax:	(919) 962-0612
Mailing Address:	P.O. Box 2126, Chapel Hill, NC 27515



2014-15 Carolina Wrestling Yearbook

The 2014-15 North Carolina wrestling yearbook was edited by Bobby Hundley, Assistant Director of Athletic Communications, with assistance from student assistant Lena Welch and the UNC Athletic Communications staff. Covers designed by Hundley.

Credits: Photos by Jeffrey A. Camarati and Spencer Herlong.

2014-15 NORTH CAROLINA WRESTLING



2014-15 SCHEDULE

Date	Day	Opponent/Event	Site	Time
Nov. 9	Sun.	at Hokie Open	Salem, Va.	All Day
Nov. 15	Sat.	at Stanford	Stanford, Calif.	2 p.m.
Nov. 16	Sun.	at Roadrunner Open	Fresno, Calif.	All Day
Nov. 22	Sat.	at Navy Classic	Annapolis, Md.	All Day
Nov. 30	Sun.	at Appalachian State	Boone, N.C.	2 p.m.
Dec. 13	Sat.	vs. Purdue	Atlanta, Ga.	7 p.m.
Dec. 14	Sun.	vs. Chattanooga	Atlanta, Ga.	2 p.m.
Jan. 1	Thurs.	at Southern Scuffle	Chattanooga, Tenn.	All Day
Jan. 2	Fri.	at Southern Scuffle	Chattanooga, Tenn.	All Day
Jan. 11	Sun.	at Pitt Duals (Pittsburgh, Lock Haven)	Pittsburgh, Pa.	10 a.m./2 p.m.
Jan. 16	Fri.	at Gardner-Webb	Boiling Springs, N.C.	7:30 p.m.
Jan. 24	Sat.	at Navy	Annapolis, Md.	7 p.m.
Jan. 25	Sun.	at George Mason Duals (Rider, GMU)	Fairfax, Va.	2:45/4:30 p.m.
Feb. 1	Sun.	NC State*	Chapel Hill-1	1 p.m.
Feb. 1	Sun.	Drexel	Chapel Hill-1	3 p.m.
Feb. 7	Sat.	Virginia*	Chapel Hill-2	7 p.m.
Feb. 11	Wed.	at Duke*	Durham, N.C.	7 p.m.
Feb. 20	Fri.	Virginia Tech*	Chapel Hill-3	7 p.m.
Feb. 22	Sun.	Oklahoma State	Chapel Hill	2 p.m.
Feb. 22	Sun.	The Citadel	Chapel Hill	4 p.m.

*Indicates Atlantic Coast Conference match

- 1 - Eddie Smith Field House
- 2 - Carmichael Arena
- 3 - Fetzer Gym

2015 ACC Championships



March 8,
Pittsburgh, Pa.



2015 NCAA Championships

March 19-21,
St. Louis, Mo.

2014-15 NORTH CAROLINA WRESTLING



2014-15 ROSTER

Breakdown By Weight	
125 pounds	
Anthony Bosco	
Cody Karns	
Tyrone Klump	
Alex Rinaldi	
133 pounds	
Troy Heilmann	
Matt Williams	
141 pounds	
Evan Henderson	
Jacob Pincus	
Anderson Pope	
Cody Ross	
Joey Ward	
149 pounds	
Christian Barber	
Joshua Bauer	
Jack Clark	
Houston Clements	
Benjamin Cournoyer	
Joey Moon	
157 pounds	
Jacob Crawford	
Robert Henderson	
Chris Mears	
165 pounds	
Ethan Ramos	
174 pounds	
Kyle Coniker	
Francisco Mora	
Michael Silk	
John Michael Staudenmayer	
Mitchel Thomas	
184 pounds	
Scott Marmoll	
Alex Utley	
197 pounds	
Chip Ness	
Heavyweight	
Frank Abbondanza	
Cory Daniel	
David Woody	

Name	Wt.	Yr.	Hometown (High School/Previous College)
Frank Abbondanza	285	Sr.	Mount Sinai, N.Y. (Mount Sinai)
Christian Barber	149	Jr.*	Westfield, N.J. (Westfield)
Joshua Bauer	149	So.	Katonah, N.Y. (John Jay)
Anthony Bosco	125	Fr.	St. Charles, Ill. (Marmion Academy)
Jack Clark	149	Fr.	Glassboro, N.J. (St. Augustine Prep)
Houston Clements	149	Fr.*	Chattanooga, Tenn. (The Baylor School)
Kyle Coniker	174	Fr.	Steubenville, Ohio (Pittsburgh Central Catholic)
Benjamin Cournoyer	149	Fr.	Charlotte, N.C. (Mallard Creek)
Jacob Crawford	157	Jr.	Winchester, Va. (Millbrook)
Cory Daniel	285	Fr.	Fulton, Md. (River Hill)
Troy Heilmann	133	So.	South Plainfield, N.J. (South Plainfield)
Evan Henderson	141	Sr.	New Florence, Pa. (Kiski Prep)
Robert Henderson	157	Jr.*	New Florence, Pa. (Kiski Prep)
Cody Karns	125	Fr.*	Mooresville, N.C. (Lake Norman)
Tyrone Klump	125	Fr.	Nazareth, Pa. (Nazareth)
Scott Marmoll	184	So.*	Marietta, Ga. (Lassiter)
Chris Mears	157	Sr.*	Keller, Texas (Bishop Lynch/Virginia Tech)
Joe Moon	149	So.*	Haw River, N.C. (Southern Alamance)
Francisco Mora	174	Jr.	Miami, Fla. (John A. Ferguson)
Chip Ness	197	Fr.	Duluth, Ga. (Buford)
Jacob Pincus	141	Fr.*	Rochester, N.Y. (Pittsford Sutherland)
Anderson Pope	141	Fr.*	Cedar Grove, N.C. (Orange)
Ethan Ramos	165	Fr.*	Hawthorne, N.J. (Hawthorne)
Alex Rinaldi	125	Fr.	Columbia, N.J. (Blair Academy)
Cody Ross	141	Jr.	Weeki Wachee, Fla. (Springstead)
Michael Silk	174	So.	Apex, N.C. (Apex)
John Michael Staudenmayer	174	Jr.*	Plymouth Meeting, Pa. (Plymouth Whitmarsh)
Mitchel Thomas	174	Fr.*	Hartland, Mich. (Hartland)
Alex Utley	184	Sr.	Cuyahoga Falls, Ohio (Cuyahoga Valley Christian)
Joey Ward	141	So.*	Cincinnati, Ohio (Moeller)
Matt Williams	133	So.*	Apex, N.C. (Cardinal Gibbons)
David Woody	285	Jr.*	Greensboro, N.C. (Ragsdale)

Head Coach: C.D. Mock (12th Season)

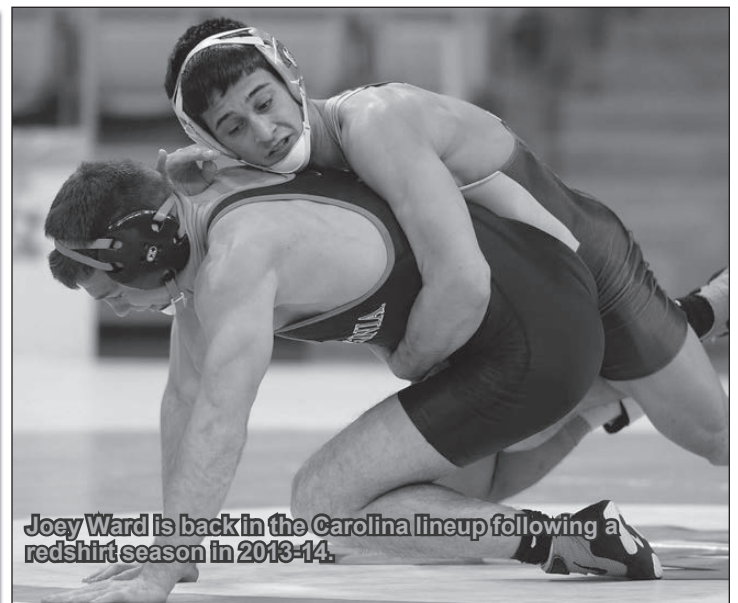
Assistant Coaches: Coleman Scott (first season), Neil Erisman (first season), Kyle Kiss (first season)

Breakdown By Class	
Seniors (4)	
Frank Abbondanza	285
Evan Henderson	141
Chris Mears*	157
Alex Utley	184
Juniors (7)	
Christian Barber*	149
Jacob Crawford	165
Robert Henderson*	157
Francisco Mora	174
Cody Ross	174
John Michael Staudenmayer*	174
David Woody*	Hwt.
Sophomores (7)	
Joshua Bauer	149
Troy Heilmann	133
Scott Marmoll*	184
Joe Moon*	149
Michael Silk	174
Joey Ward*	141
Matt Williams*	133

Freshmen (14)

Anthony Bosco	125
Jack Clark	149
Houston Clements*	149
Kyle Coniker	174
Benjamin Cournoyer	149
Cory Daniel	285
Cody Karns*	125
Tyrone Klump	125
Chip Ness	197
Jacob Pincus*	149
Anderson Pope*	141
Ethan Ramos*	165
Alex Rinaldi	125
Mitchel Thomas*	174

* Indicates redshirt season used.



Joey Ward is back in the Carolina lineup following a redshirt season in 2013-14.

2014-15 NORTH CAROLINA WRESTLING

2013-14 North Carolina Wrestling Results Dual Meet Record: 7-12, 1-5 ACC



2014-15 SEASON RESULTS

2013-14 Schedule/Results

Date	Opponent/Event	Result
11/10	vs. Wisconsin	W, 24-21
	vs. Old Dominion	L, 6-25
	vs. Hofstra	L, 15-25
	Hokie Open	No Team Score
11/17	Wolfpack Open	No Team Score
11/30	vs. Binghamton	W, 22-14
	vs. Central Michigan	L, 16-18
	vs. Michigan State	L, 19-22
12/22	Reno Invitational	3rd, 97
1/1-2	Southern Scuffle	18th, 32
1/12	vs. Buffalo	W, 26-12
	vs. Eastern Michigan	W, 18-16
	vs. Clarion	W, 32-4
1/17	at Virginia Tech*	L, 3-29
1/18	Stanford	L, 12-28
1/24	Maryland*	L, 15-18
1/25	Navy	L, 18-19
1/31	at NC State*	L, 16-19
2/7	at Virginia*	L, 9-21
2/11	Duke*	W, 24-12
2/16	The Citadel	L, 18-19
2/22	Pittsburgh*	L, 12-22
	SIU-Edwardsville	W, 32-15
3/8	ACC Championships	4th, 38
3/20-22	NCAA Championships	T25th, 15.5

*Indicates Atlantic Coast Conference match

Home events in **bold**

2013-14 Individual Results

Individual	Weight	Record	Career at UNC	Dual	ACC	MD	TF	Pins	Fastest Pin
Frank Abbondanza	197	8-22	19-61	5-14	1-5	1-4	-	1-3	4:59
Christian Barber	149	32-12	75-40	13-3	5-1	4-0	1-1	1-1	4:51
Houston Clements	141	0-2	0-2	-	-	0-1	-	-	-
Brian Bokoski	125	1-4	48-51	0-2	0-1	0-1	-	-	-
Bob Coe	HWT	6-26	6-26	1-18	0-6	1-3	0-4	0-6	-
Josh Craig	133	-	2-6	-	-	-	-	-	-
Jake Crawford	165	13-21	23-27	6-13	2-4	1-3	0-2	4-1	2:57
Troy Heilmann	133	19-18	19-18	8-10	1-5	3-1	-	5-0	1:44
Evan Henderson	141	37-8	103-30	14-3	3-2	8-2	-	15-0	0:53
Robert Henderson	149	3-5	15-15	0-3	-	2-1	-	0-1	-
Cody Karns	125	4-6	4-6	-	-	-	1-0	2-5	1:18
Nathan Kraisser	125	25-10	58-17	11-7	3-2	3-0	1-0	11-1	0:29
Josh Lehner	197	6-5	6-5	-	-	2-1	-	2-0	1:25
Luke Mario	133	0-2	4-15	-	-	-	-	-	-
Scott Marmoll	165	14-23	23-32	5-12	1-5	1-4	0-1	3-1	1:37
Chris Mears	157	-	8-16	-	-	-	-	-	-
Joe Moon	141	13-6	30-17	-	-	3-1	-	2-1	2:37
Anderson Pope	149	2-6	2-6	-	-	0-2	0-1	0-1	-
Ethan Ramos	174	11-7	11-7	-	-	2-0	-	1-0	2:27
Jake Reinemund	125	0-4	1-14	-	-	-	-	0-2	-
Cody Ross	141	-	13-13	-	-	-	-	-	-
John M. Staudenmayer	165	15-14	61-34	9-7	4-2	3-0	-	1-1	3:38
Mitchel Thomas	174	6-6	6-6	-	-	0-1	0-1	1-0	2:14
Alex Utley	184	21-14	60-49	12-7	3-3	4-3	1-0	-	-
Joey Ward	141	12-2	33-15	-	-	4-0	2-0	1-0	1:48
Matt Williams	133	6-7	13-20	-	-	3-3	-	1-0	4:30
David Woody	HWT	0-4	1-9	-	-	0-1	-	-	-

Top Individual Finishes

Name	Finish	Wt.
Citadel Open		
Joey Ward	1st	141
Ethan Ramos	3rd	174
Matt Williams	4th	133
Hokie Open		
Josh Lehner	2nd	197
Joe Moon	T3rd	141
Joey Ward	T3rd	141
Wolfpack Open		
Evan Henderson	1st	141
Christian Barber	1st	149
Alex Utley	1st	184
Matt Williams	4th	133
Jake Crawford	4th	157
Nathan Kraisser	5th	125
Troy Heilmann	5th	133
Joe Moon	5th	141
Ethan Ramos	6th	165
Bob Coe	6th	285
Robert Henderson	8th	157
Scott Marmoll	8th	174
Josh Lehner	8th	197

Reno TOC

Evan Henderson	1st	141
Joey Ward	2nd	141
Nick Heilmann	3rd	149
Nathan Kraisser	3rd	125
Christian Barber	4th	149
Troy Heilmann	6th	133
Alex Utley	6th	184

Southern Scuffle

Evan Henderson	5th	141
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Newberry Open

Josh Lehner	1st	197
Joe Moon	2nd	149
Cody Karns	3rd	125

ACC Championships

Nathan Kraisser	1st	125
John Staudenmayer	2nd	165
Evan Henderson	3rd	141
Christian Barber	4th	149
Troy Heilmann	4th	133

NCAA Championships

Evan Henderson	4th	141
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2015 Tar Heel Wrestling

MEET THE TAR HEELS

John Michael
Staudenmayer

Evan Hines
Two-time All-America

Christian Barber



2014 NCAA QUALIFIERS

2014-15 NORTH CAROLINA WRESTLING



RETURNER PROFILES



FRANK ABBONDANZA

Senior • 285
Mount Sinai, N.Y. • Mount Sinai

2013-14: Started all 19 duals at 197 pounds and finished 8-22 overall and 5-14 in duals • Scored a pair of wins by decision at the Hokie Duals over Timmy McCall of Wisconsin and David Heitman of Hofstra • Won twice at the Reno Tournament of Champions • Beat Maryland's Tony Gardner 12-7 in ACC regular season competition • Had one pin and one major decision.

2012-13: Started all 15 duals wrestling at 174 and 197 • Finished 8-21 overall and 2-13 in duals • Took third place at the Wolfpack Open at 174 pounds • Dual wins came against South Dakota State and NC State • Defeated NC State's Josh Lackey by major decision.

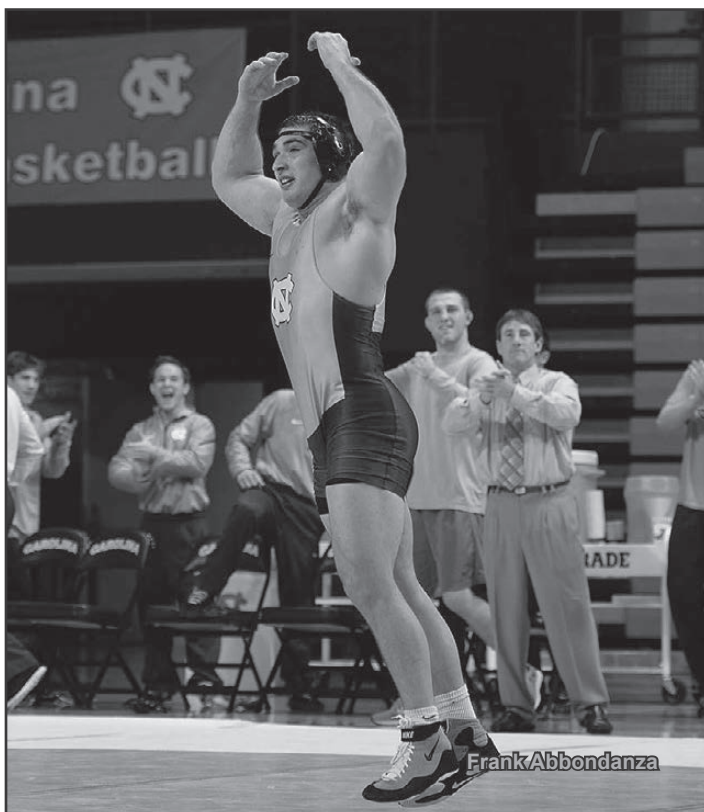
2011-12: Starter at 285 • Also wrestled at 184 and 197 • Went 3-18 in freshman season • First ACC and dual win came by a 5-2 decision over Josh Davis in UNC's dual win over NC State.

Prep: Attended Mount Sinai High School • 2011 New York State Finalist at 189 • Named First Team All-Long Island • Earned all-section honors two times • A four-time all-league selection • Posted a 71-7 record in his final two years • Captained the team his final two seasons • Named the Suffolk County Academic Wrestler of the Year as a senior • Graduated third in his class • Member of the National Honor Society • Also played football.

Personal: Frank Joseph Abbondanza is the son of Ron and Carol Abbondanza • Birthday is March 1 • Born in Mount Sinai, N.Y.

Abbondanza's Career Record

Year	Overall	Dual	Pins	TFs	MDs
2011-12	3-18	1-14	0	0	0
2012-13	8-21	2-13	0	0	2
2013-14	8-22	5-14	1	0	1
Totals	19-61	8-41	1	0	3



CHRISTIAN BARBER

Redshirt Junior • 149
Westfield, N.J. • Westfield

2013-14: Had a breakout season as a redshirt sophomore, finishing 32-12 overall and 13-3 in duals • NCAA qualifier at 149 pounds • Defeated Ohio State's Ian Paddock 6-5 at nationals • Champion at the Wolfpack Open with five wins, part of a 15-match winning streak that stretched over a month • Finished fourth at the ACC Championships after going 5-1 in regular season action • Had wins over ranked opponents No. 20 Justin Arthur of Clarion and No. 26 Brian Haman of NC State • Also finished fourth in his weight class at the Reno Tournament of Champions and fifth at the Hokie Open • Finished the season with one pin, one tech fall and four major decisions.

2012-13: Compiled a 22-14 record at 149 pounds, including a 7-4 mark in duals • Finished second at the Wolfpack Open and sixth at the Nittany Lion Open • Scored a pair of wins in ACC action over opponents from Maryland and NC State, including a major decision over NC State's Tomas Gantt • Collected pins against Clarion's Zachary Ross and Indiana's Preston Keiffer.

2011-12: Went 21-14 in his redshirt year at 149 lbs. • Bounced back after losing his first match at the Hokie Open to win three matches all by pins • Won five matches at the Appalachian Open including two by major decisions • Collected three major decisions and three pins on the season.

Prep: Attended Westfield High School • Captured the 2011 New Jersey State Title • Posted a 41-1 record as a senior • Two-time team captain • Turned in a 112-21 record during his four-year career • Honor roll student.

Personal: Christian Barber is the son of Jeffrey and Vanessa Barber • Birthday is Sept. 27 • Born in Westfield, N.J.

Barber's Career Record

Year	Overall	Dual	Pins	TFs	MDs
2011-12*	21-14	0-0	3	0	3
2012-13	22-14	7-5	2	0	3
2013-14	32-12	13-3	1	1	4
Totals	54-26	20-8	3	1	7

*Redshirt season



2014-15 NORTH CAROLINA WRESTLING



RETURNER PROFILES



JOSHUA BAUER

Redshirt Freshman • 149
Katonah, N.Y. • John Jay

2013-14: Redshirted.

Prep: Attended John Jay Cross River High School • Also competed in golf all four years and cross country three years • National Honor Society member • Plans to major in Business Administration.

Personal: Joshua Thomas Bauer is the son of Donna and Tom Bauer • Birthday is June 1 • Born in Fort Lauderdale, Fla.



HOUSTON CLEMENTS

Redshirt Freshman • 149
Chattanooga, Tenn. • Baylor School

2013-14: Went 0-2 at the Hokie Open in his redshirt season.

Prep: Five year varsity starter, starting at 135 pounds and finishing at 182 • Two-time NHSCA All-American • Ohio Tournament of Champions champion • Four-time state placer and team captain as a senior • Three-time Chattanooga Best of Preps All-Star selection • Very active prep who was a four-year honor roll student and National Honor Society member.

Personal: Howell Houston Clements is the son of Dean and Holly Clements • Birthday is March 18 • Born in Chattanooga • Grandfather Howell Gilbert Clements wrestled at Vanderbilt and was an SEC runner-up.



JAKE CRAWFORD

Junior • 157
Winchester, Va. • Millbrook

2013-14: Started all 19 duals at 157 pounds and finished 13-21 overall and 6-13 in dual action, including a 2-4 mark in conference competition • Had three wins en route to a fourth place finish at the Wolfpack Open • Won four times by pin and once by major decision, including a first-period pin against Logan Taylor of SIUE in the regular season finale.

2012-13: Finished 10-6 on the year wrestling at 157 pounds • Won three times by pin and twice by major decision • Took third at the Franklin & Marshall Open • Defeated Drexel's Austin Sommer for his first career dual win.

Prep: Junior National Champion • Three-time Virginia State Champion • Ranked 12th in the nation • Super 32 Champion • Placed second and fourth in the Beast of the East Tournament • Posted a 45-3 record his senior year and 47-2 his junior year • Finished with an overall record of 200-8 • Honor Roll student.

Personal: Jacob Reid Crawford is the son of John Crawford and Tammy Ferrari • Born May 2, 1994 in Pittsburgh, Pa.

Crawford's Career Record

Year	Overall	Dual	Pins	TFs	MDs
2012-13	10-6	1-3	3	0	2
2013-14	13-21	6-13	4	0	1
Totals	23-27	7-16	7	0	3



TROY HEILMANN

Sophomore • 133
South Plainfield, N.J. • South Plainfield

2013-14: Finished 19-18 overall and 8-10 in duals wrestling at 133 pounds as a true freshman • Won five times by pin and three times by major decision • Took fourth at the ACC Championships with a win over Virginia's Joe Martinez • Won four straight matches to take fifth place at the Wolfpack Open • Also finished sixth at the Reno Tournament of Champions.

Prep: Attended South Plainfield High School in South Plainfield, N.J. • Four-year varsity wrestler and team captain as a senior • Three-time state finalist and four-time state placer • Fifth at Super 32 and fifth at FILA Cadets • Team was Group III state champions in 2010, 2011 and 2013 • Virginia Duals Champions in 2013 • High honor roll student and member of the Spanish Honor Society.

Personal: Troy Joseph Heilmann is the son of Pam and Nick Heilmann • Birthday is Aug. 25 • Born in Morristown, N.J.

Heilmann's Career Record

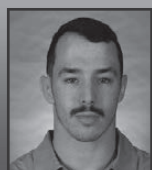
Year	Overall	Dual	Pins	TFs	MDs
2013-14	19-18	8-10	5	0	3
Totals	19-18	8-10	5	0	3



2014-15 NORTH CAROLINA WRESTLING



RETURNER PROFILES



EVAN HENDERSON

2013, 2014 ALL-AMERICA

Senior • 141

New Florence, Pa. • Kiski Prep

2013-14: Earned All-America honors for the second straight year after finishing fourth at the NCAA Championships • Won with a pin on 15 occasions, tying for third in school history in single-season falls • Now has 36 career pins, fifth-most in school history • Entered nationals as the No. 9 seed at 141 pounds and scored three straight victories to guarantee All-America status • Pinned No. 8 Luke Vaith of Hofstra in the round of 16 before upsetting undefeated No. 1 seed Mitchell Port of Edinboro in the quarters • After falling to No. 4 Devin Carter of Virginia Tech in the semifinals, topped No. 11 Joey Lazor of UNI to advance to the third-place match • Finished 37-8 on the year, including a 14-3 mark in duals • Had nine wins over ranked opponents, a team-high 15 pins and eight victories by major decision • Opened the year with wins in 18 of his first 19 bouts • Also ran off nine straight victories in January before being slowed by an injury • Champion at the Wolfpack Open and the Reno Tournament of Champions • Also finished third at the ACC Championships and fifth at the Southern Scuffle.

2012-13: Finished sixth at the NCAA Championships at 141 to earn All-America honors, the first Tar Heel to do so since Evan Sola in 2005 • Also won the ACC title at 141 with a 10-2 win over No. 12 Zach Neibert of Virginia Tech • Compiled a 38-9 record on the year, including a 13-1 mark in duals • His 38 wins place him tied for sixth in school history for single-season victories • Had 11 pins on the year, including a fastest of 1:11 • Also had seven major decision wins and three by technical fall • Won the Wolfpack Open at 151 • Also took second at the Nittany Lion Open, third at the Hokie Open and sixth at the Midlands Championships.

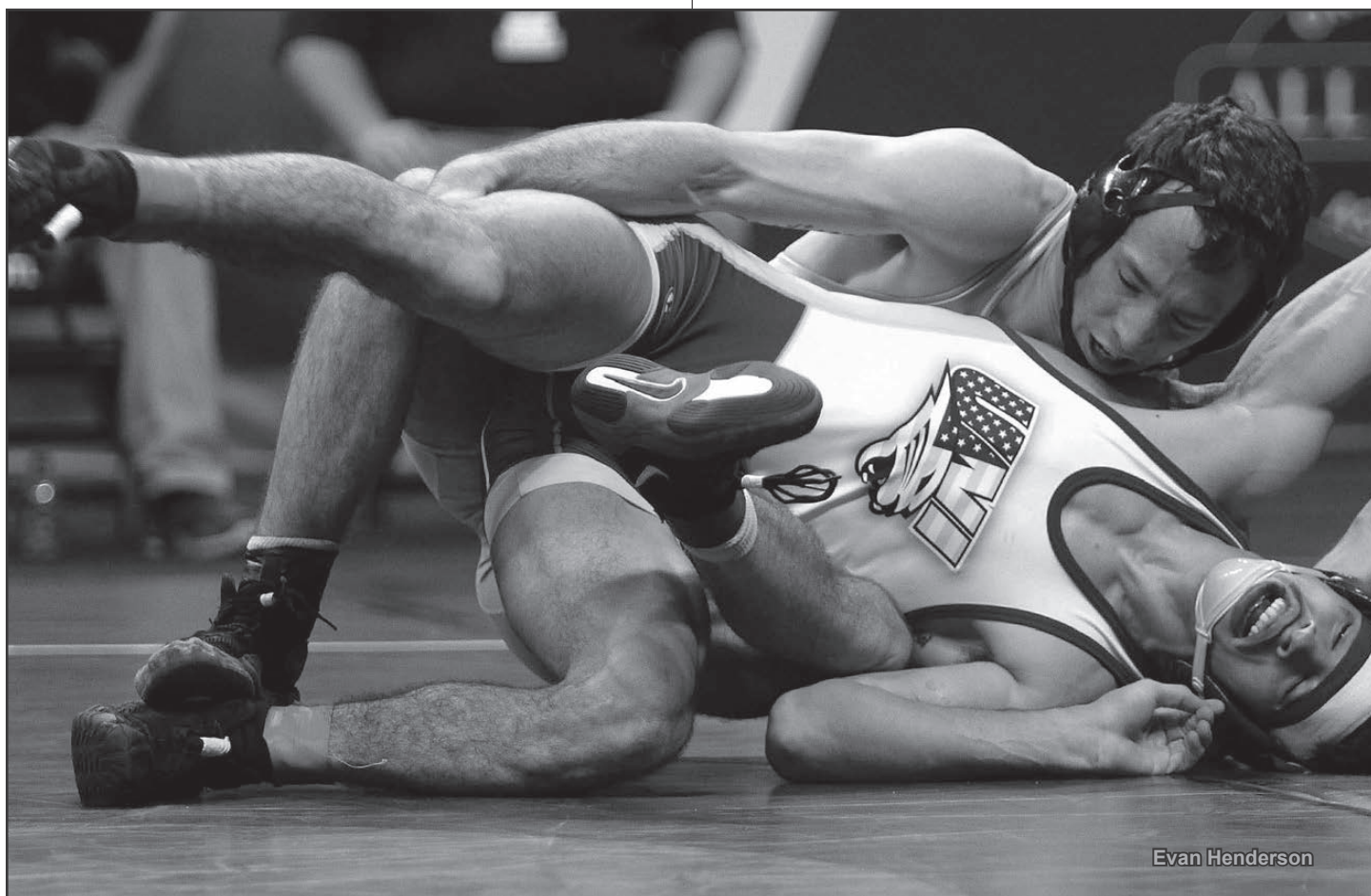
2011-12: NCAA qualifier at 141 pounds • Posted a 27-11 overall record with a 15-5 dual record • Won his first 10 bouts as a Tar Heel • Placed first at the Hokie Open after going 5-0 with two pins and a major decision • Went 4-0 at Wrestle for a Cure with all victories coming from pins • Earned seventh place at the Cliff Keen Invitational by going 5-2 with two pins and a major decision • Claimed wins over ranked foes Nathan Pennesi (West Virginia) and Mike Nevinger (Cornell) at Cliff Keen • Collected three major decisions, one technical fall, and ten pins in the season • His ten pins were the most for any Tar Heel in 2011-12 • Also had the fastest pin in 0:35.

Prep: Attended Kiski Prep in Saltsburg, Pa. • A three-time Pennsylvania State Champion • Earned a pair of national prep championships • Claimed the Iron Man Championship • Member of the Pennsylvania Dapper Dan Team • Served as team captain • Went 152-9 during his high school career.

Personal: Evan Richard Henderson is the son of Allen and Lydia Henderson • Birthday is Sept. 7 • Born in Johnstown, Pa. • Twin brother, Robert, is also a member of the UNC wrestling team.

Henderson's Career Record

Year	Overall	Dual	Pins	TFs	MDs
2011-12	28-13	15-5	10	1	3
2012-13	38-9	13-1	11	3	7
2013-14	37-8	14-3	15	0	8
Totals	103-30	42-9	36	4	18



Evan Henderson

2014-15 NORTH CAROLINA WRESTLING



RETURNER PROFILES



ROBERT HENDERSON

Redshirt Junior • 157
New Florence, Pa. • Kiski Prep

2013-14: Finished 8-11 on the year with three wins by major decision • Won three times at the Wolfpack Open to take eighth place • Went 0-3 in three dual appearances early in the season.

2012-13: Finished 11-9 on the year at 149 pounds with three pins and two major decisions • Won three times at both the Hokie Open and the East Stroudsburg Open.

2011-12: Went 1-1 at 149 during a redshirt season • Beat Chance Smith of West Virginia State in a 12-6 decision before falling to Dean Pavlou of Chattanooga at the Appalachian Open.

Prep: Attended Kiski Prep in Saltsburg, Pa. • Two-time Pennsylvania State Champion • Placed third at Prep Nationals as a junior • Earned second place at the Iron Man competition • Placed fourth at the Beast of the East event • Finished sixth at the Prep Nationals as a senior • State finalist as a sophomore • Served as team captain as a senior • Went 133-22 during his high school career.

Personal: Robert Allen Henderson is the son of Allen and Lydia Henderson • Born Sept. 7, 1992 in Johnstown, Pa. • Twin brother, Evan, is a member of the UNC wrestling team.

Henderson's Career Record

Year	Overall	Dual	Pins	TFs	MDs
2011-12*	1-1	0-0	0	0	0
2012-13	11-9	0-0	3	0	2
2013-14	8-11	0-3	0	0	3
Totals	19-20	0-3	3	0	5

*Redshirt season



CODY KARNS

Redshirt Freshman • 125
Mooresville, N.C. • Lake Norman

2013-14: Went 11-10 in a redshirt season • Finished with three pins, three technical falls and one major decision.

Prep: Attended Lake Norman High School in Mooresville, N.C. • Compiled a prep record of 209-14, including a 52-0 record as a senior and a 55-2 mark as a junior • 2013 4A Wrestler of the Year • Four-time state placer, and state champion as a senior • Four-time conference and regional champion • Fourth at Senior Nationals • Three-year team captain • Four-time scholar-athlete award winner.

Personal: Cody Tyler Karns is the son of Ron and Annie Karns • Birthday is Dec. 23 • Born in Grand Rapids, Mich. • Father Ron wrestled at Lock Haven.



SCOTT MARMOLL

Redshirt Sophomore • 184
Marietta, Ga. • Lassiter

2013-14: Finished 14-23 overall and 5-13 in duals at 165 pounds • Won three times by pin and once by major decision • Had three wins to finish eighth at the Wolfpack Open • Defeated Duke's Trey Adamson 4-2 in overtime to help Carolina to a dual match win • Had three wins at the Reno Tournament of Champions.

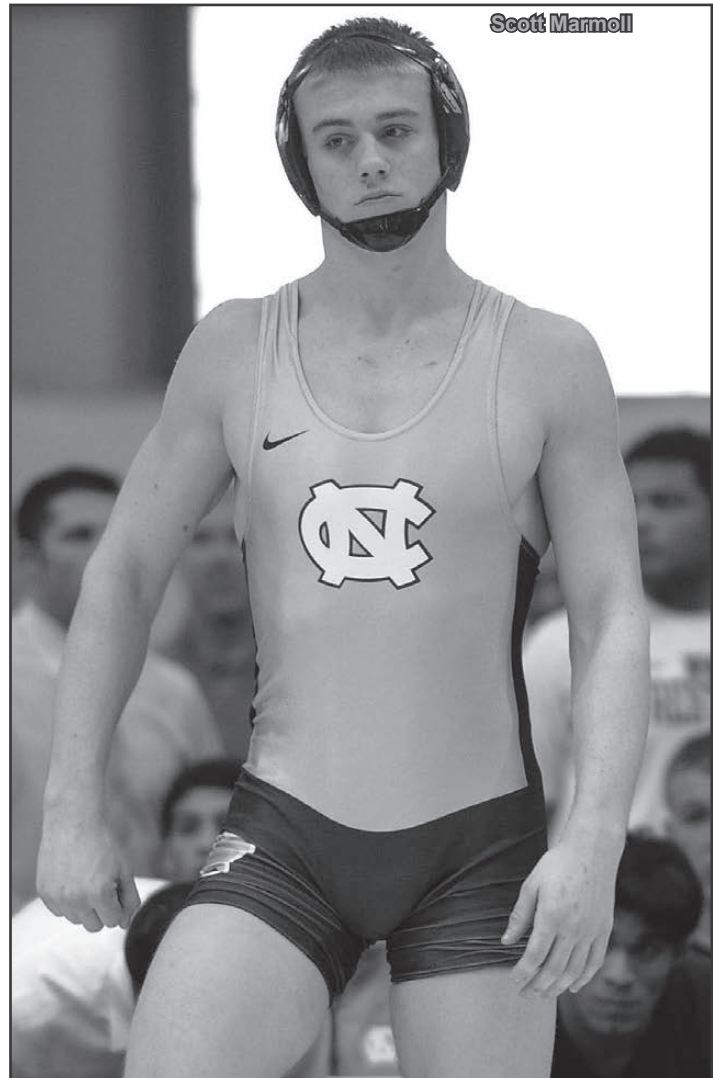
2012-13: Finished 10-14 at 165 pounds in his redshirt season • Finished fourth at the Newberry Open with three wins • Had two pins and a major decision among his victories.

Prep: Two-time Georgia State Finalist • Wrestled all four years of high school • Posted a 48-1 record his senior year • Maintained a 3.8 GPA in high school.

Personal: Scott Raymond Marmoll is the son of Chet and Nicki Marmoll • Birthday is Jan. 17 • Born in Marietta, Ga.

Marmoll's Career Record

Year	Overall	Dual	Pins	TFs	MDs
2012-13*	10-14	0-0	2	0	1
2013-14	14-23	5-13	3	0	1
Totals	14-23	5-13	3	0	1



2014-15 NORTH CAROLINA WRESTLING



CHRIS MEARS

Redshirt Senior • 133
Milford, Conn. • Deerfield Academy

2013-14: Did not compete.

2012-13: Finished 8-16 with a pair of wins in dual action at 157 pounds • Finished third at the ACC Championships at 157, knocking off Duke's Immanuel Kerr-Brown and NC State's Matt Nereim • Defeated Maryland's Brady Massaro on Jan. 26 and VMI's Ted Gottwald on Feb. 8 • Had two pins and two major decisions, including a 21-second pin of NC State's Cohl Fulk at the Hokie Open.

2011-12 (At Virginia Tech): Posted an 11-8 record with the Hokies as a redshirt freshman • Was 1-2 in duals with an 0-2 mark against ACC opponents • Claimed the title at the Harris Open with a 4-0 record • Named to the 2011-12 All-ACC Academic Team.

2010-11 (At Virginia Tech): Was 7-4 during a redshirt season • Claimed a pair of major decisions and two pins.

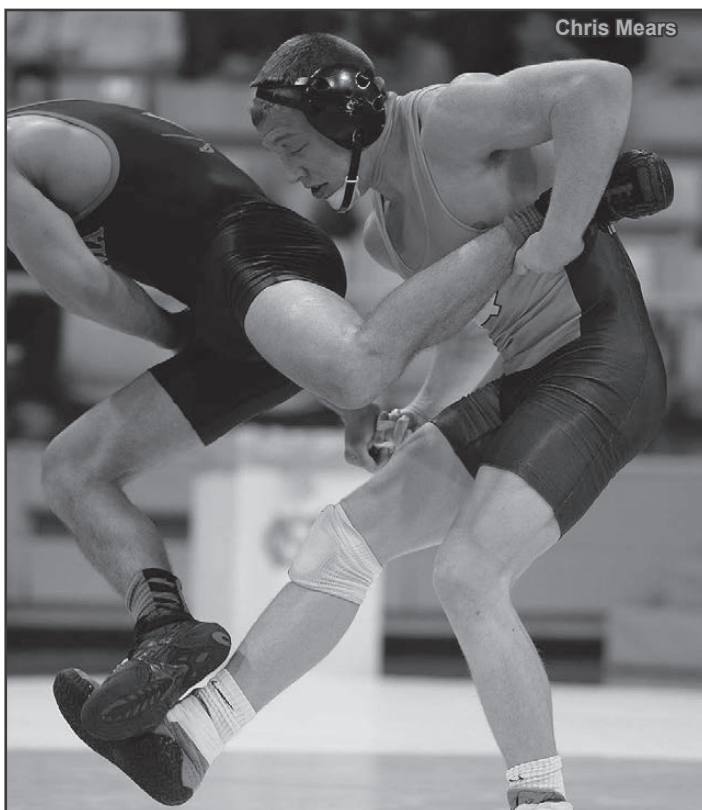
Prep: Two-time Prep National Finalist • Three-time Texas State Champion • Three-time Freestyle and Greco State Champion • Placed seventh in the Super 32 Tournament • 2012 All-ACC Academic Team • Also played football his freshman year.

Personal: Christopher Thomas Mears is the son of Craig and Ann Mears • Birthday is Feb. 4 • Born in Camp Lejeune, N.C.

Mears' Career Record

Year	Overall	Dual	Pins	TFs	MDs
2010-11* (VT)	7-4	0-0	0	0	0
2011-12 (VT)	11-8	1-2	0	0	0
2012-13	8-16	2-7	2	0	2
2013-14	0-0	0-0	0	0	0
Totals	19-24	3-9	2	0	2

*Redshirt season



JOEY MOON

Redshirt Sophomore • 149
Haw River, N.C. • Southern Alamance

2013-14: Finished 23-11 as a redshirt freshman, competing primarily in open tournaments • Took third place at the Hokie Open with three wins • Also finished fifth at the Wolfpack Open, winning five matches in Raleigh • Had four wins by pin, one technical fall and nine major decisions.

2012-13: Notched a 17-11 mark in his redshirt season • Had three pins, two major decisions and one win by technical fall at 141 • Finished fourth at the Wolfpack Open and tied for third at the Newberry Open.

Prep: Two-time North Carolina state champion and placed a third time • Two-time All-America • Undefeated his senior year (40-0) • Finished with a 134-10 record overall.

Personal: Joseph Michael Moon is the son of Jeff and Patty Moon • Born Sept. 8, 1993, in Mebane, N.C.

Moon's Career Record

Year	Overall	Dual	Pins	TFs	MDs
2012-13*	17-11	0-0	3	1	2
2013-14	23-11	0-0	4	1	9
Totals	23-11	0-0	4	1	9

*Redshirt season



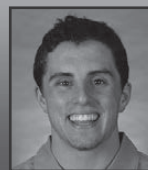
FRANCISCO MORA

Junior • 174
Miami, Fla. • John A. Ferguson

2013-14: Finished 1-4 with a win at the Appalachian State Open.

Prep: Competed at John A. Ferguson Senior High.

Personal: Birthday is April 8.



JACOB PINCUS

Junior • 125
Holly Springs, N.C. • Holly Springs

2013-14: Did not compete as a freshman, but was a standout in the classroom • First student-athlete ever to be honored as a GLOBE Scholar at the UNC Kenan-Flagler Business School.

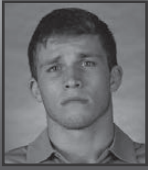
Prep: Attended Pittsford Sutherland High School in Pittsford, N.Y. • Five year varsity letterwinner, starting at 112 pounds and finishing at 145 • Team captain as a junior and senior • Two-time Class AA sectional champion • Three-time all-county performer and two-time first-team all-league • Monroe County Champion in 2012 • Compiled a prep record of 130-29, including a 35-4 mark as a junior • National Honor Society President and National AP Scholar.

Personal: Jacob Everest Pincus is the son of Jonathan and Ellie Pincus • Born Oct. 11, 1994, in Rochester, N.Y. • Twin brother Cam plays lacrosse and Boston University and sister Lille dances for the Draper Company in New York.

2014-15 NORTH CAROLINA WRESTLING



RETURNER PROFILES



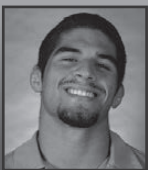
ANDERSON POPE

Redshirt Freshman • 141
Cedar Grove, N.C. • Orange

2013-14: Finished 8-11 in his redshirt season • Won a pair of matches at the Citadel Open to start the year • Had four wins by pin.

Prep: Attended Orange High School in Hillsborough, N.C. • Team captain and NC Dream Team wrestler as a senior • Finished third in the state individually as a senior and led team to individual state tournament title • Team was dual state champions sophomore and junior years and runner-up freshman season • Also competed in football and cross country • Compiled a prep record of 126-33, including a 45-5 mark as a senior • Scholar-athlete all four years • Senior and junior class president • Beta Club member as top 10% of class.

Personal: Anderson Compton Pope is the son of Kim Ward and Frankie Pope • Birthday is March 31 • Born in Durham, N.C.



ETHAN RAMOS

Redshirt Freshman • 165
Hawthorne, N.J. • Hawthorne

2013-14: Finished 13-9 in his redshirt season • Had two wins by major decision and two pins • Finished third at the Citadel Open and sixth at the Wolfpack Open.

Prep: Attended Hawthorne High School in Hawthorne, N.J. • Virginia Beach NHSCA Junior Wrestling national champion • Flo National runner-up • Team captain and four-time district champion • Also a state champion in 2013 and a fourth-place finisher in 2012 • Had 141 career wins, including 42 as a senior • Also competed in football, where he was a two-time second-team all-state performer, track and field and cheerleading • National Honor Society member.

Personal: Ethan Adrian Ramos is the son of Gisele and Benny Ramos • Birthday is April 3 • Born in Paterson, N.J. • Twin brother wrestles at Shippensburg University.



CODY ROSS

Junior • 141
Weeki Wachee, Fla. • Springstead

2013-14: Did not compete.

2012-13: Finished 13-13 at 141 pounds • Had a pair of pins and a pair of major decisions • Tied for third at the Newberry Open • Also had three wins at the Wolfpack Open and the East Stroudsburg Open.

Prep: 2011 Fila Greco National Champion • 2010 USAW Folkstyle National Champion • Three-time Fargo Junior National All-America • Three-time Florida State Champion • Four-time Florida State Finalist • Two-time Florida State Team Champion • Finished with an overall record of 186-14 • Graduated from high school with honors.

Personal: Cody Joseph Ross is the son of David and Stacy Ross • Birthday is March 15 • Born in Washington, D.C.

Ross' Career Record

Year	Overall	Dual	Pins	TFs	MDs
2012-13	13-13	0-0	2	0	2
Totals	13-13	0-0	2	0	2



2014-15 NORTH CAROLINA WRESTLING



RETURNER PROFILES



JOHN M. STAUDENMAYER

2013, 2014 NCAA QUALIFIER

Redshirt Junior • 174
Plymouth Meeting, Pa. • Whitemarsh

2013-14: Earned an automatic bid to NCAAs at 165 pounds for the second year in a row after finishing second at the ACC Championships • Defeated Josh Snook of Maryland and Chris Moon of Virginia Tech before falling in the final • Finished 15-14 overall and 9-7 in duals, including a 4-2 mark in conference competition • Had one pin and three wins by major decision • Had a pair of wins at the Southern Scuffle • Dropped a pair of tight decisions at nationals and defeated Penn's Casey Kent in the first consolation round • Beat No. 32 Nijel Jones of NC State in regular season action.

2012-13: NCAA qualifier at 165 pounds • Finished third at the ACC Championships • Finished 28-13 on the year, including an 11-4 mark in duals and a 3-2 record in league action • Won nine times by major decision, six times by technical fall and once by pin • Defeated No. 9 Josh Veltre of Bloomsburg at the NCAA Championships • Finished fourth at the Nittany Lion Open and fifth at the Hokie Open and the Wolfpack Open • Closed out the win over Duke with a technical fall victory over Randy Roden.

2011-12: Redshirted at 165 • Wrestled to a 28-11 record • Went 6-1 at the Wolfpack Open to earn third place as an unattached wrestler • Placed fourth in the Hokie Open as an unattached wrestler • Collected three major decisions, two technical falls and two pins, with his fastest pin clocking in at 0:49.

Prep: Attended Plymouth Whitemarsh High School • Turned in a perfect 43-0 season as a senior as he captured the state title • Also won the Beast of the East competition • Two-time section, district and regional champion • Placed third in the state as a junior • Helped lead his team to the Disney Duals Championship along with the Junior Olympics Championship • Was 168-12 during his high school career • Member of the Honor Roll • Also played lacrosse and football.

Personal: John Michael Staudenmayer is the son of John and Adrienne Staudenmayer • Birthday is Nov. 24 • Born in Plymouth Meeting, Pa.

Staudenmayer's Career Record

Year	Overall	Dual	Pins	TFs	MDs
2011-12*	28-11	0-0	2	2	3
2012-13	28-13	11-4	1	6	9
2013-14	15-14	9-7	1	0	3
Totals	43-27	20-11	2	6	12

*Redshirt season



MITCHEL THOMAS

Sophomore • 174
Hartland, Mich. • Hartland

2013-14: Finished 7-10 as a freshman • Had four wins, including a pin, at the Citadel Open.

Prep: Attended Hartland High School in Hartland, Mich. • Two-time team captain and individual state runner-up • Led team to four top-four state finishes • Compiled a prep record of 184-42, including a 59-2 mark as a senior • Also competed in soccer for three years and was a two-year captain • National Merit Award semifinalist • Academic all-state and all-county.

Personal: Mitchel Lee Thomas is the son of Mark and Debbie Thomas • Born Oct. 29, 1994, in Hartland, Mich.



ALEX UTLEY

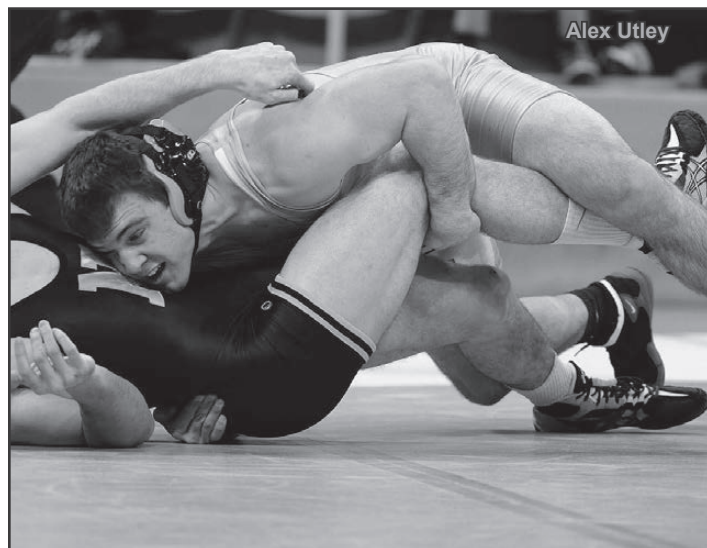
2013 NCAA QUALIFIER

Senior • 184
Cuyahoga Falls, Ohio
Cuyahoga Valley Christian

2013-14: Finished 21-14 overall and 12-4 in duals at 184 pounds • Just missed qualifying for nationals after going 0-2 at the ACC Championships following a 3-3 regular season conference mark • Won four times by major decision and once by tech fall • Champion at the Wolfpack Open • Won three times to take sixth place at the Reno Tournament of Champions • Defeated No. 19 John Rizqallah of Michigan State.

2012-13: NCAA qualifier at 184 pounds • Finished with a 27-15 record on the year including a 9-6 mark in duals • Finished third at the ACC Championships with three victories • Took first at the Wolfpack Open and sixth at the Nittany Lion Open • Had three pins, five major decisions and six wins by technical fall • Defeated No. 16 Boaz Beard of Iowa State at the Midlands Championships • Closed out the regular season in fine form, winning five in a row including three technical falls.

2011-12: Started at 174 and wrestled to a 12-20 record • Went 2-3 in ACC matches • Placed third at the Hokie Open after going 6-1 with two pins and a major decision • Won a 3-1 decision over Randy Roden in UNC's dual win over Duke.



2014-15 NORTH CAROLINA WRESTLING

Prep: Attended Cuyahoga Valley Christian Academy • Ohio State Champion as a senior • Two-time Ohio State Finalist • Placed third in the state as a freshman • Also played football where he was a two-time all-state selection.

Personal: Alex Robert Utley is the son of Robert and Michele Utley • Birthday is July 10 • Born in Homeworth, Ohio.

Utley's Career Record

Year	Overall	Dual	Pins	TFs	MDs
2011-12	12-20	5-15	2	0	2
2012-13	27-15	9-6	3	6	5
Totals	39-35	14-21	5	6	7



JOEY WARD

2013 NCAA QUALIFIER

Redshirt Sophomore • 141
Cincinnati, Ohio • Moeller

2012-13: NCAA qualifier at 133 pounds • Finished with a 21-13 record that includes a 9-3 mark in duals and a pair of ACC wins • Had three pins and four wins by major decision • Took second at the Hokie Open with five wins • Also finished fourth at the Wolfpack Open and seventh at the Nittany Lion Open • Defeated Daryl Thomas of Illinois in the opening round of the NCAA Championships.

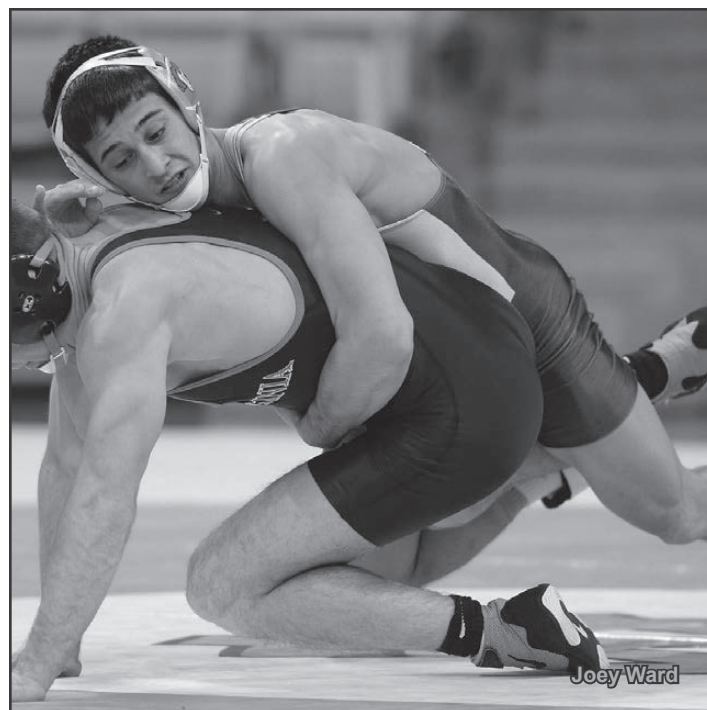
Prep: Two-time Ohio State Champion • 2012 Ohio State Tournament MVP • Ranked sixth in the nation • Two-time Ironman placer • Placed third in the Super 32 Tournament • Also played baseball and soccer for two years • Posted a record of 182-21 overall • Member of the National Honor Society • Graduated with a 4.0 GPA.

Personal: Joey Daniel Ward is the son of Joe and Beth Ward • Birthday is July 21 • Born in Columbus, Ohio • Has two brothers, Jacoby and Jordan, and a sister, Camryn Gresham.

Ward's Career Record

Year	Overall	Dual	Pins	TFs	MDs
2012-13	21-13	9-3	3	0	4
2013-14*	12-2	-	1	2	4
Totals	21-13	9-3	3	0	4

*Redshirt season



MATT WILLIAMS

Redshirt Sophomore • 133
Apex, N.C. • Cardinal Gibbons

2013-14: Finished 8-9 as a redshirt freshman • Scored a pair of fourth-place finishes at the Citadel Open and the Wolfpack Open • Had five major decision wins and a pin on the year.

2012-13: Finished 7-13 at 133 pounds in his redshirt season • Had four pins, including a fastest pin of 39 seconds, and a technical fall • Had three wins at the East Stroudsburg Open and the National Collegiate Open.

Prep: Two-time North Carolina state champion • Placed all four years of high school in the North Carolina State Tournament • Finished with an overall record of 126-12 • Honor Roll Student.

Personal: Matthew Brian Williams is the son of David and Angela Williams • Born Nov. 3, 1993, in Raleigh, N.C. • Father played soccer at Connecticut for one year.

Williams' Career Record

Year	Overall	Dual	Pins	TFs	MDs
2012-13*	7-13	0-0	4	1	0
2013-14	8-9	0-0	1	0	5
Totals	8-9	0-0	1	0	5



DAVID WOODY

Redshirt Junior • 285
Greensboro, N.C. • Ragsdale

2013-14: Finished 0-6 at heavyweight.

2012-13: Finished 1-5 at heavyweight.

Prep: Placed fourth at the USA Wrestling Greco-Roman Junior Nationals in 2012 to earn all-america honors • Placed third in the FILA Junior World Team Trials • Finished fifth at the ASICS University Nationals in Greco-Roman • Posted a 28-3 record in his senior year • Team captain as a junior and senior • Earned freshman All-America honors in 2007 • Was named a Guilford County all-county wrestler • Also played football and ran cross country • Member of Beta and Spanish clubs • Named to honor roll.

Personal: David Bradshaw Woody was born June 9, 1992 in Charlotte, N.C. • The son of Ronald and Janice Woody • Has one brother • Father is a graduate of UNC.

Woody's Career Record

Year	Overall	Dual	Pins	TFs	MDs
2012-13	1-5	0-1	0	0	0
2013-14	0-6	0-0	0	0	0
Totals	1-11	0-1	0	0	0

2014-15 NORTH CAROLINA WRESTLING



NEWCOMER PROFILES



ANTHONY BOSCO • 125

St. Charles, Ill. • Marmion Academy

Captained his wrestling team senior year • Runner-up in the Walsh Ironman Tournament and Cheesehead Invitational as a senior • Had 121 career wins, including 42 as a senior • Finished seventh in the Ironman his junior year and took fourth at the IHSA State Championships • Finished third in the IHSA State Championships

as a sophomore • Anthony Michael Bosco is the son of Kathy and Michael Bosco • Born June 21, 1996, in St. Charles, Ill. • His sister is committed to play soccer at the University of Kentucky.



JACK CLARK • 149

Glassboro, N.J. • St. Augustine Prep

Two-time National Preps Champion • 3-time Maryland State Champion and also 1-time New Jersey State Champion • Had 167 career wins, including an undefeated senior season • Flo-National runner-up • Beast of the East runner-up • Earned fifth place at Walsh Ironman • Made the honor roll • John Lyndon Clark

is the son of Mary and John Clark • Born June 27, 1995, in Washington Township, N.J.



KYLE CONIKER • 174

Steubenville, Ohio • Pittsburgh Central Catholic

Finished 30-4 at 170 pounds as a senior at Pittsburgh Central Catholic • Advanced to the PIAA Class 3A state finals as a senior • Won the Allegheny County title at 152 pounds as a junior • Kyle Coniker is the son of Michael and Marie Coniker • Born Jan. 22, 1995.



BENJAMIN COURNOYER • 149

Charlotte, N.C. • Mallard Creek

Captained his wrestling team sophomore, junior and senior years • Conference Champion and State qualifier • Had 96 career wins, including 43 as a senior • Also ran cross country as a freshman and senior and track as a freshman • Benjamin Leonard Cournoyer

is the son of Ron Cournoyer and Laurie Yeager • Born August 1, 1996, in Charlotte, N.C. • Eagle Scout • Graduated in the top 10 percent of his class.



CORY DANIEL • 285

Fulton, Md. • River Hill

Went undefeated his junior and senior years and finished with a career record of 162-22 • 2-time State Champion • 4-time NHSCA All-American • 2-time Fargo Greco All-American • FILA Cadet Greco All-American • FILA Junior Greco All-American • Also competed

in football, where he was a two-time all-county and second team all-state tight end • Was on the honor roll throughout high school • Cory Jack Daniel is the son of Denise Gilliland and John Daniel • Born September 11, 1995, in Silver Spring, Md. • Enjoys playing tennis and ping-pong.



TYRONE KLUMP • 125

Nazareth, Pa. • Nazareth

Team captain of his high school team • Finished third in the state twice • Tyrone Walter Klump III is the son of Tyrone and Laurie Klump • Born April 12, 1996, in Nazareth, Pa. • Has two younger brothers and one younger sister • Honor roll student.



CHIP NESS • 197

Duluth, Ga. • Buford

Member of the Dapper Dan USA team • Four-time Georgia State Champion • Supere 32 National Champion • 2014 NWCA Georgia Wrestler of the Year • Had 168 career wins, including an undefeated senior year of 31-0 • Received the Dave Schultz high school excellence award • Competed on the football team freshman

year as a middle linebacker • Member of his school's DECA and FBLA clubs • Richard "Chip" Connell Ness III is the son of Leanne and Richard Ness • Born April 10, 1996, in Duluth, Ga. • Younger brother played on the FBU National Championship team in football • Older sister won two national championships in cheerleading.



ALEX RINALDI • 125

Columbia, N.J. • Blair Academy

Three-time team national champion at Blair Academy • Two-time New Jersey prep state champion • Placed third at the National Preps as a junior and fourth as a senior • Had 102 career wins and only 15 losses • Also competed in football for two years, where he played running back and safety, and baseball in one year at

centerfield • Alexander Robert Rinaldi is the son of Susan and Alex Rinaldi • Born May 15, 1995, in Morristown, N.J.




MICHAEL SILK • 174

Apex, N.C. • Apex

Two-year varsity starter and team captain as a senior • Member of the National Honor Society and active in DECA • Kevin Michael Silk is the son of Kevin and Stephanie Silk • Born May 5, 1995, in Raleigh, N.C.

2014-15 NORTH CAROLINA WRESTLING



C.D. MOCK


Head Coach
 12th Season
 North Carolina, 1982

- ACC Coach of the Year (2005, 2006)
- ACC Champions (2005, 2006)
- NCAA Champion (1982)

C.D. Mock, a 1982 Carolina graduate, is in his 12th season as head coach of the University of North Carolina wrestling program. The 2005 and 2006 Atlantic Coast Conference Coach of the Year, Mock was named head coach on Sept. 30, 2002, and assumed the duties of head coach with the retirement of 30-year veteran Bill Lam following the 2002-03 season.

Mock guided the Tar Heels a 22nd-place finish at the 2013 NCAA Championships and a 25th-place finish in 2014, the program's first consecutive top-25 finishes since 1985-97. The performances were highlighted by Evan Henderson, who followed up a 2013 ACC title at 141 pounds with a pair of All-America performances at NAAs. Henderson finished sixth in 2013 and then fourth in 2014, the best finish for a Tar Heel in 18 years.

Upon his hiring, Mock led an immediate revitalization of the Carolina program by capturing back-to-back ACC titles in 2005-2006. In 2013, the Tar Heels finished 9-6 overall and 2-3 in the ACC, which featured three of the top 25 teams in the country. Carolina also sent five qualifiers to the NCAA Championships, including Henderson. There were four UNC qualifiers at nationals in 2014.

In 2005, Mock guided two-time All-America Evan Sola to a sixth-place finish at 133 pounds, which was good for a 24th-place team finish and UNC's best final place since 1997.

Mock, who entered 2014-15 with a 97-99-1 dual match record, has scheduled some of the nation's top teams over the last 10 seasons and, along with his staff, has recruited some of the country's top high school talent to Chapel Hill. The 2011-12 and 2012-13 crop of Tar Heel newcomers were rated among the nation's best according to InterMat.

Prior to the 2003-04 season, Mock worked as an assistant coach for Lam for three years and was involved in all aspects of Carolina wrestling. He was an integral part of the 2003 Atlantic Coast Conference championship squad.

In 1982, Mock became Carolina's first NCAA champion and was one of the leaders of the Tar Heel team that finished fifth at the NCAA Championships. He finished that season a perfect 35-0 en route to the national title at 134 pounds and also received the prestigious Patterson Medal, which is presented to the UNC senior student-athlete that best demonstrates athletic excellence.

Mock won three ACC titles while at



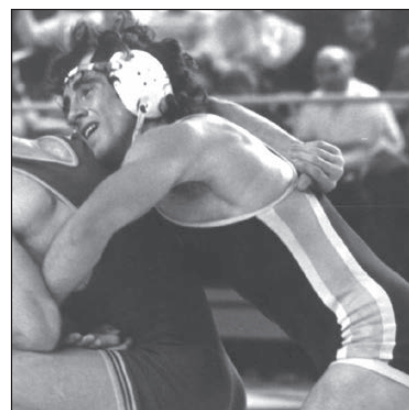
HEAD COACH C.D. MOCK

Carolina and was a two-time All-America. He posted a career record of 108-9, good for a .923 winning percentage, which ranks third all-time in Carolina history. He also had a career record of 64-4 in ACC competition.

Mock returned to his alma mater from Newtown, Pa., where he was the president of Equity Consultants Company and the wrestling coach at Council Rock High. In his first season back in Chapel Hill, the Tar Heels placed third in the ACC before posting a 14-5 mark and finishing second in the league in the 2001-02 season.

Mock wrestled for four seasons at Council Rock High School, in Newtown, Pa., where he won a state title in his senior season and graduated from Council Rock in 1978.

Mock lives in Chapel Hill with his wife, Mickie, a UNC graduate and a former member of the gymnastics team. She currently works for Duke Urgent Care as a physician's assistant. The couple's daughter Chelsea attended culinary school in Italy and is currently a sous chef at Kipos restaurant on Franklin Street in Chapel Hill, and their son Corey wrestled at Carolina for two seasons before transferring to the University of Tennessee-Chattanooga.



Mock won the 1982 national title at 134 pounds for Carolina's first-ever NCAA crown.

C.D. MOCK'S CAREER RECORD

Year	W-L-T	Pct.	ACC W-L-T	ACC Finish	ACC RS Finish	NCAA Finish
2003-04	5-11	.312	1-4	4th	4th	DNS
2004-05	6-9	.400	4-2	1st	2nd	24th
2005-06	16-8-1	.660	3-2-1	1st	3rd	47th
2006-07	9-7-0	.563	4-2-0	3rd	2nd	49th
2007-08	10-6-0	.625	3-2	3rd	2nd	53rd
2008-09	13-9-0	.591	4-1	4th	2nd	46th
2009-10	7-8-1	.469	2-3	4th	4th	T49th
2010-11	9-9-1	.500	2-3	4th	4th	T43rd
2011-12	6-14-0	.300	2-3	4th	5th	54th
2012-13	9-6-0	.600	2-3	4th	4th	22nd
2013-14	7-12-0	.368	1-5	4th	6th	T25th
11 years	97-99-3	.495	28-30-1			

2014-15 NORTH CAROLINA WRESTLING



COACHING STAFF



COLEMAN SCOTT

Assistant Coach
First Season
Oklahoma State, 2008

Coleman Scott, a four-time All-America performer at Oklahoma State and the 2008 NCAA champion at 133 pounds, was named an assistant coach with the North Carolina wrestling program in May. Scott, who has also excelled at the international level as a four-time member of the United States National Team and a 2012 Olympic bronze medalist in freestyle at 60 kg, is involved in all aspects of training and skill instruction for the Tar Heels.

"We are very excited to have Coleman Scott join our Tar Heel family," head coach C.D. Mock said. "Coming from one of the most successful wrestling programs in the history of the sport, his knowledge and experience as a competitor and a coach will add immeasurably to the existing staff and team."

Scott will work directly with the light and light/middle weights on technique and training for Carolina after wrapping up competition for the summer in July.

Prior to starring at Oklahoma State, Scott was a three-time Pennsylvania state champion at Waynesburg Central High School. Scott and his wife Jessica have two children: daughter Leighton Ann and son Stetson Lewis.



NEIL ERISMAN

Assistant Coach
First Season
Oklahoma State, 2011

Neil Erisman, a 2011 graduate of Oklahoma State University, joined the Carolina coaching staff in October. A four-year starter at 157 pounds for the Cowboys, Erisman comes to UNC after two seasons of coaching at his alma mater and one at Stillwater High School in Oklahoma.

A native of De Soto, Kansas, Erisman was a state champion at De Soto High School before competing at the collegiate level at Oklahoma State. He was a team captain at OSU and a three-time NCAA qualifier at 157 pounds who won the Big 12 title as a senior in 2011.

Erisman and his wife Kelli have two children: son Duke and daughter Oakley.



KYLE KISS

Assistant Coach
First Season
North Carolina, 2012

A 2012 graduate of UNC, Kyle Kiss joined the Tar Heel coaching staff in August. Kiss, who was a two-year captain and a three-time ACC Championships placer as a student-athlete, will assist with all aspects of the Carolina program with an emphasis on the middle weights.

Kiss has competed for the UNC Regional Training Center since graduating with a degree in exercise and sport science. He also serves as the head coach of the Carolina Wrestling Club.

A native of Loch Arbour, N.J., Kiss was a four-time state placer at Ocean Township High and a two-time Beast of the East finalist. As a Tar Heel, Kiss named to the ACC Academic Honor Roll and was ranked nationally at 165 pounds.



2014-15 NORTH CAROLINA WRESTLING

Carolina Wrestling Support Staff



Vince Ille
Primary Administrator



Brent Blanton
Associate Dir. of Academic Support



Sally Mays
Head Athletic Trainer



Sara Koenig
Administrative Assistant



Brett Pexa
Graduate Athletic Trainer



Ruth Fuqua
Graduate Athletic Trainer

UNC Athletics Administration

Chancellor	Carol Folt
Faculty Representative.....	Lissa Broome
Director of Athletics	Bubba Cunningham
Executive Assoc. AD	Larry Gallo
Sr. Assoc. AD/SWA.....	Beth Miller
Sr. Assoc. AD/Business & Finance	Martina Ballen
Sr. Assoc. AD/Operations.....	Clint Gwaltney
Sr. Assoc. AD/Compliance	Vince Ille
Sr. Assoc. AD/Communications	Steve Kirschner
Sr. Assoc. AD/Marketing	Rick Steinbacher
Assoc. AD/Compliance.....	Marielle vanGelder
Assoc. AD/Football	Corey Holliday
Assoc. AD/Risk Management.....	Paul Pogge
Asst. AD/Marketing and Promotions.....	Michael Beale
Asst. AD/Communications.....	Kevin Best
Asst. AD/Facility Planning & Management.....	Mike Bunting
Asst. AD/New Media.....	Ken Cleary
Asst. AD/Olympic Sports & Football Operations	Ellen Culler
Asst. AD/Student-Athlete Development.....	Cricket Lane
Asst. AD/Business & Finance.....	Mike Perkins
Asst. AD/Ticket Operations	Tim Sabo
Exec. Director Rams Club	John Montgomery
Director of Sports Medicine.....	Dr. Mario Ciocca
Director of Academic Support/Student-Athletes.....	Dr. Michelle Brown



BUBBA CUNNINGHAM

Director of Athletics

Lawrence R. (Bubba) Cunningham is in his fourth year as the director of athletics at the University of North Carolina. Cunningham officially began his duties at UNC on November 14, 2011.

Cunningham is the seventh director of athletics in Carolina history, following Robert A. Fetzter (1923-52), Chuck Erickson (1953-67), Homer Rice (1969-75), Bill Cobey (1976-80), John Swofford (1980-97) and Dick Baddour (1998-2012).

One of Cunningham's first accomplishments at UNC was the development of a strategic plan for Carolina athletics. A planning committee worked with Dr. Paul Friga, associate professor of strategy and entrepreneurship at Carolina's Kenan-Flagler School of Business throughout the process and created the mission statement - "We Educate and Inspire Through Athletics." The plan also identified four core values for Carolina Athletics- Responsibility, Innovation, Service and Excellence.

"Our number one priority is for athletics to be part of the educational experience of all students at the University, those who compete in our 28 varsity sports as well as those who do not," says Cunningham. "Athletics provides academic and competitive opportunities for more than 700 students, and is part of a unifying spirit for thousands of other students, faculty, staff and alumni."

On the field, Carolina has achieved outstanding success under Cunningham's leadership. Carolina finished 14th in the Learfield Director's Cup in 2013-14 with seven teams posting top-10 national finishes. A total of 22 Tar Heel teams advanced to postseason play, led by a second place finish by women's tennis and a final four appearance by field hockey. Carolina also had top-10 national finishes in women's lacrosse (fifth), men's tennis (fifth), women's basketball (fifth), women's soccer (fifth) and men's lacrosse (ninth).

Carolina student-athletes excelled in the classroom as well. During the 2013-14 academic calendar, more than 300 student-athletes made the ACC Academic Honor Roll, which requires a cumulative GPA of at least 3.0 for the year. It was the second-consecutive season Carolina had produced more than 300 honorees. In the fall of 2012, 120 student-athletes made the Dean's List, and 129 did so in the spring of 2013.

Cunningham is in his 12th year as a Division I director of athletics. He came to Chapel Hill after spending the previous six years as the director of athletics at the University of Tulsa. He also was the AD for three years from 2002-2005 at Ball State University. He was honored as the 2008-09 FBS Central Region Athletics Director of the Year, an award presented by the National Association of Collegiate Directors of Athletics.

From 1988-2002, Cunningham worked in the athletics department at the University of Notre Dame. Cunningham served as associate director of athletics for external affairs from 2000-02. He renegotiated the school's footwear contract, developed a communications and marketing plan, created marketing teams for all 26 varsity sports, increased corporate sponsorship income, created a financial/equity plan for the department and served as chairman of the NCAA Division I Women's Golf Committee.

Cunningham earned his bachelor's and master's degrees in business administration, both from Notre Dame, in 1984 and 1988, respectively. He played on the Irish golf team in 1982-83.

Cunningham is a member of NACDA's Executive Committee, and was on the Board of Directors of the Alzheimers Association of Oklahoma and the Folds of Honor Foundation Board. Cunningham also served on the Gatorade National Advisory Board and has been a featured speaker at numerous NACDA and I-A institute conferences.

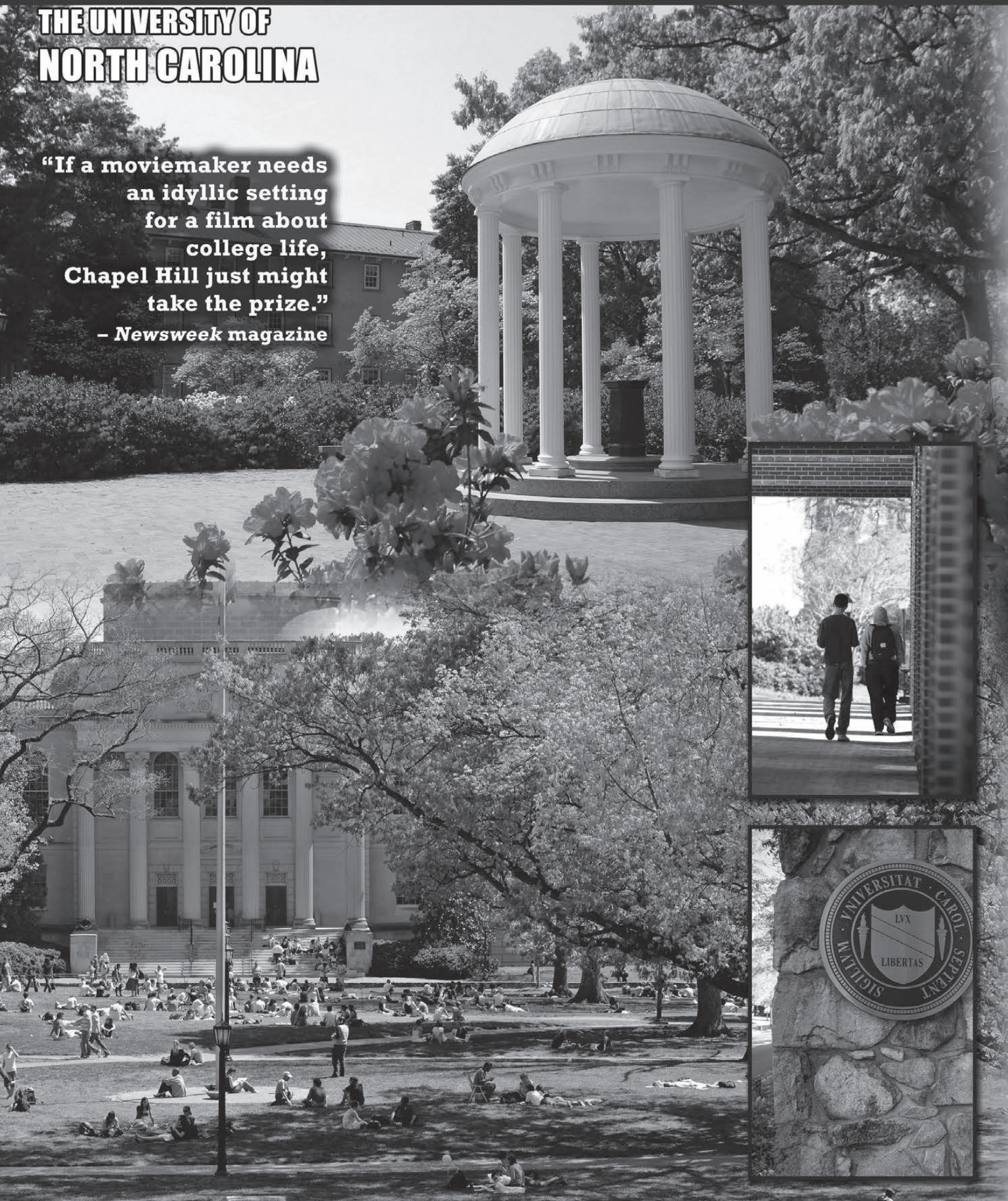
Born in Flint, Mich., and raised in Naples, Fla., Cunningham and his wife, Tina, have four children: Matthew, Michael, John and Sarah.






THE UNIVERSITY OF NORTH CAROLINA

**"If a moviemaker needs
an idyllic setting
for a film about
college life,
Chapel Hill just might
take the prize."**

– *Newsweek* magazine



FIRST and FINEST



"I like to believe I am an example of what the UNC system is all about – taking small-town kids and giving them worldly exposure so that they can contribute in their communities and wherever opportunities lead them."

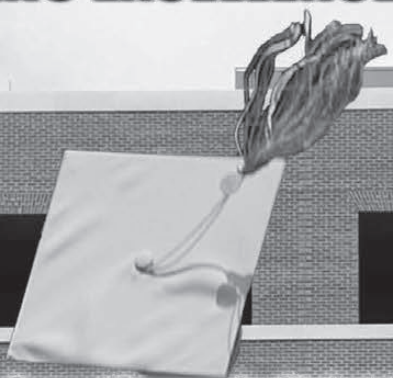
– John Skipper
President of ESPN, UNC Graduate

- Carolina's vibrant people and programs attest to the University's long-standing place among leaders in higher education since it was chartered in 1789 and opened its doors for students in 1795 as the nation's first public university. Situated in the beautiful college town of Chapel Hill, N.C., UNC has earned a reputation as one of the best universities in the world. Carolina prides itself on a strong, diverse student body, academic opportunities not found anywhere else, and a value unmatched by any public university in the nation.

- UNC's educational offerings include 78 bachelor's, 112 master's, 68 doctorate and seven professional degree programs through 14 schools and the College of Arts and Sciences.

For much more on the University of North Carolina and all it has to offer, go to unc.edu.

ACADEMIC EXCELLENCE



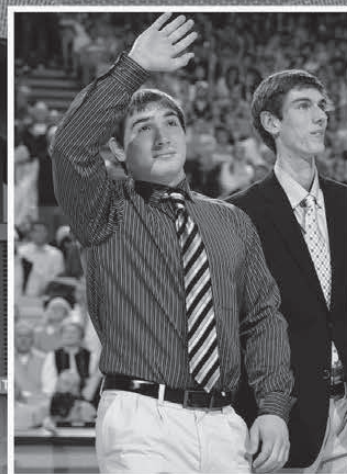
***Advancing to graduation,
Building Character,
Developing leadership***

- The Academic Support Program for Student-Athletes assists Tar Heel student-athletes in exploring their interests and abilities, enjoying a broad educational experience, and reaching or exceeding their academic goals.

- The Academic Support Program is housed in the Loudermilk Center for Excellence, a 150,000-square-foot facility that serves all of Carolina's nearly 800 student-athletes across 28 varsity sports. The Loudermilk Center's largest feature is the John W. Pope Student-Athlete Academic Support Center. This facility provides classrooms for teaching and tutoring, study lounges, office space and a computer lab. It also houses the *Richard A. Baddour* Carolina Leadership Academy, which offers leadership training for Carolina student-athletes, coaches and staff.

- The Academic Support Program helps freshmen transition from high school to college through a variety of academic programs such as academic counseling, individual tutoring, group review sessions and supplemental instruction.

- During the 2013-14 academic year, a record 347 Carolina student-athletes earned spots on the ACC Academic Honor Roll, a recognition that requires a cumulative GPA of at least 3.0 for the year. A total of 161 Tar Heel student-athletes were named to the Dean's List in the fall of 2013, and 168 were recognized in the spring.

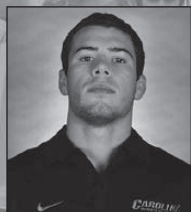


Frank Abbondanza was honored at a UNC men's basketball game as the 2013-14 Athletic Director's Scholar-Athlete for wrestling.

2013-14 ACC Academic Honor Roll



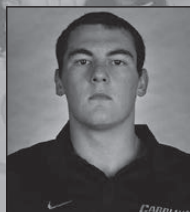
Frank Abbondanza



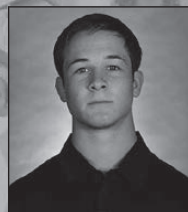
Christian Barber



Houston Clements



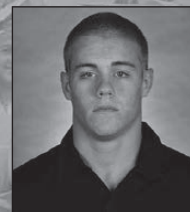
Bob Coe



Cody Karns



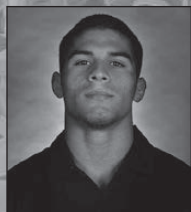
Luke Mario



Scott Marmoll



Jacob Pincus



Ethan Ramos



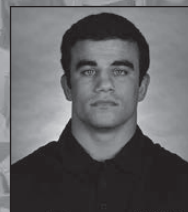
John M. Staudenmayer



Mitchel Thomas



Alex Utley



Matt Williams

RICHARD A. BADDOUR CAROLINA LEADERSHIP ACADEMY

TAR HEEL
LEADERS OF DISTINCTION

Developing World-Class Leaders For A Lifetime Of Service And Success

UNC student-athletes have the opportunity to participate in the *Richard A. Baddour Carolina Leadership Academy*, now in its 11th year of ground-breaking leadership training.

As the nation's premier leadership development program in collegiate athletics, the Leadership Academy develops, challenges and supports student-athletes, coaches and staff in their continual quest to become world-class leaders in athletics, academics and life.

The Leadership Academy provides comprehensive and cutting-edge leadership development programming through interactive workshops, 360-degree feedback, one-on-one coaching, peer mentoring and educational resources.

The *Richard A. Baddour Carolina Leadership Academy* offers five programs for student-athletes:

Carolina CREED Program

Leadership training begins in the first year at UNC. All leadership begins with personal leadership, therefore first-year student-athletes are taught skills to effectively lead themselves. Training consists of monthly meetings featuring keynote speakers and small group discussion.

CREED Mentors Program

Upperclass student-athletes are selected to serve as CREED mentors, directing discussions and helping to build community. Special focus is on responsibility, accountability, making good choices, ethics and character building.

Rising Stars Program

Designed for a select group of "high potential" sophomores and juniors, the program provides future leaders with insights, strategies and skills necessary to become effective leaders. The program includes monthly meetings, interactive exercises and action learning experiences.

Leadership Lab Program

This level of involvement is slotted between Rising Star and possible Veteran Leader participation. It is an opportunity for continued leadership reflection, mentorship, and application. Leadership reflection entails authentically sourced curriculum for leadership workshops. Leadership mentorship is offered by coaches, department staff members, and current team leadership. Leadership application involves a leadership project.

Veteran Leaders Program

This program is designed for team captains and veteran student-athletes. It provides advanced leadership training and support, teaches the critical skills and insights necessary to be effective vocal leaders and provides a strong peer network. Student-athletes meet regularly to learn and reinforce leadership principles as well as share successes, frustrations and lessons.



Four men's soccer players have earned the Tar Heel Leader of Distinction Award, the Leadership Academy's highest honor. They are Michael Callahan, Jordan Gafa (two-time recipient), Scott Goodwin and Kirk Urso.

THE CAROLINA CREED

As a University of North Carolina student-athlete I pledge to make every effort to abide by the Carolina CREED as a show of my commitment to the University, the Department of Athletics, my team, and myself.

C I will know and embrace the tradition and culture of this great university and its athletics department

R I will respect myself and others

E I will pursue excellence in my academic work by striving to reach my academic potential while preparing for a career of significance

E I will excel athletically by committing myself to performance excellence, team success, and continual improvement

D I will develop the capacity to effectively lead myself and others



Wrestling in the *Richard A. Baddour* Carolina Leadership Academy • 2014-15

Veteran Leaders: Scott Marmoll, Alex Utley, David Woody
Leadership Lab: Frank Abbondanza, Robert Henderson,
Matt Williams

Rising Stars: Houston Clements, Troy Heilmann, Jacob Pincus,
Anderson Pope, Mitchel Thomas

CHAPEL HILL

Home for a Lifetime

Often referred to as "The Southern Part of Heaven," Chapel Hill has been called the perfect college town by several publications, including *Sports Illustrated*.

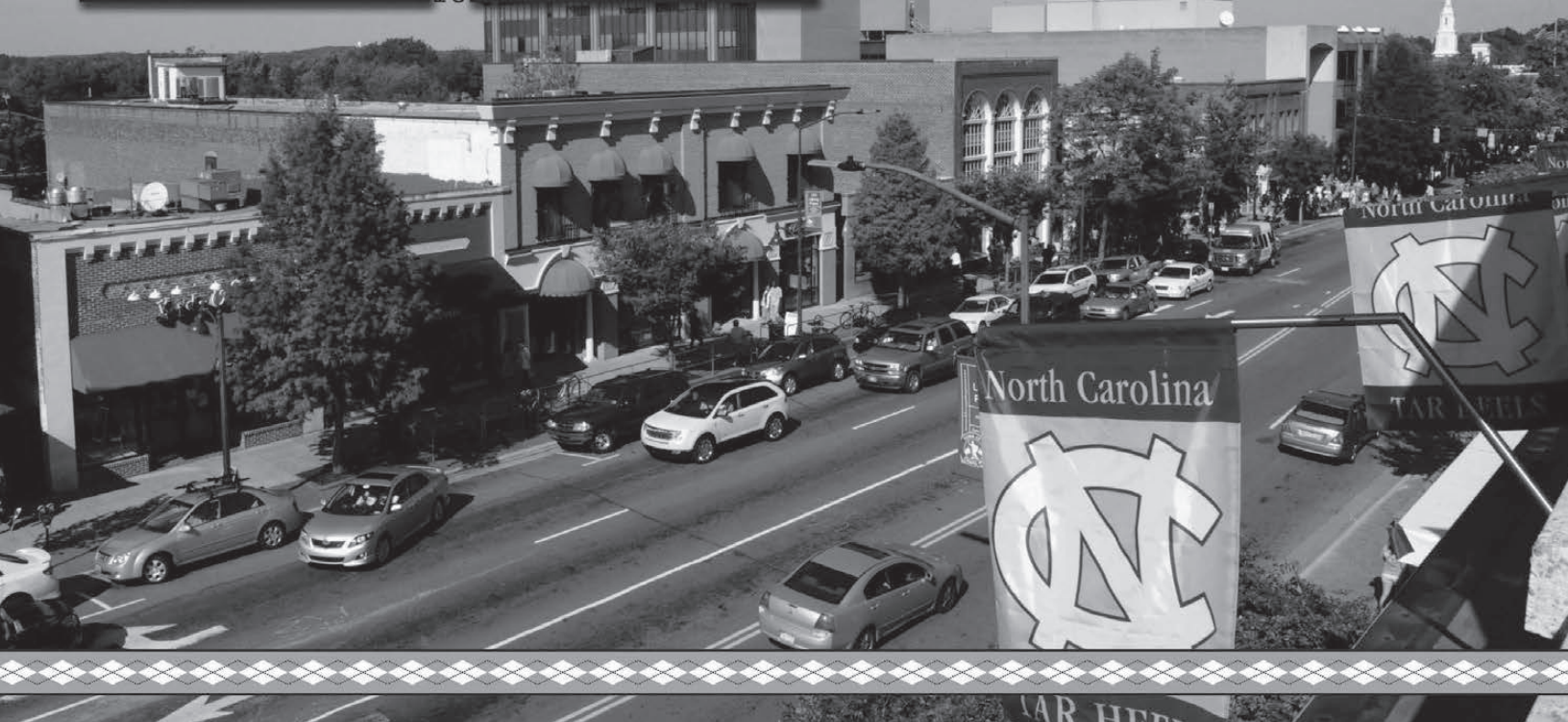
- Chapel Hill has been ranked the Most Livable Small City (less than 100,000) in America.
- Chapel Hill has a population of approximately 60,000 and neighboring Carrboro adds another 20,000 people.
- The Chapel Hill/Carrboro area offers a wealth of dining, shopping and entertainment options, with many more located nearby in Hillsborough, Durham and Raleigh.
- Chapel Hill's location is ideal, within an easy drive of North Carolina's beautiful beaches and mountains.



Photos courtesy of Chapel Hill and Orange County Visitors Bureau - visitchapelhill.org



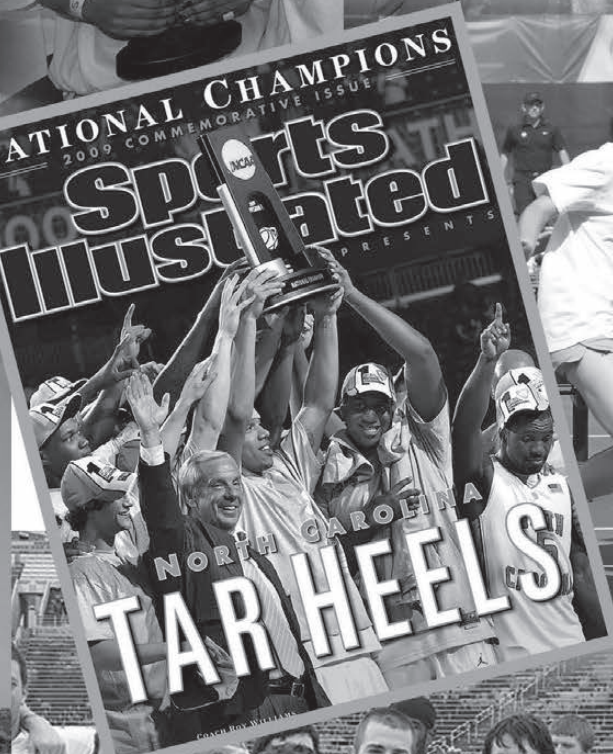
Running along the north edge of campus, Franklin Street is the heart of Chapel Hill. It provides a mix of restaurants, shops and nightlife, and also serves as the town's meeting place. UNC fans rush Franklin Street to celebrate Tar Heel titles, and each year Halloween festivities draw thousands of revelers.



UNC has won 22 women's soccer national championships, most recently in 2012.

ATHLETIC HERITAGE

Representing UNC with Class



UNC Athletics celebrates success at the annual Rammy Awards

The Tar Heel women's tennis team advanced to the 2014 NCAA title match, finishing as the national runner-up. Freshman Jamie Loeb (far right and inset) was honored as the ITA National Player of Year.

- UNC has won more national championships and more conference championships than any other school in the Atlantic Coast Conference.

- UNC has finished among the top 10 in the Directors' Cup standings 11 times in the past 13 years and 17 times in the 21-year history of the competition. Carolina has ranked in the top 20 in all 21 years of the competition and won the inaugural trophy in 1994.

- Some of the best-known names in sports – such as Michael Jordan and Mia Hamm – wore Carolina blue.



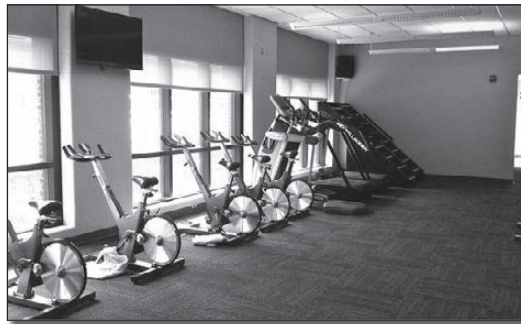


An external view of the home of UNC wrestling

The Home Of The Tar Heels

With support from the Carolina Wrestling Endowment Fund, a new home for the Tar Heel wrestling program opened in May 2011. Highlights of the new two-story facility, which was built adjacent to the old wrestling room, include:

- An expanded wrestling room on the first floor
- A strength and conditioning and training area
- A 700-square foot locker room, which includes showers and restrooms exclusively for the wrestling team on the second floor
- A team video room and cardio area on the second floor
- A 650-square foot team lounge complete with computer work stations and a big-screen television on the second floor



First floor (below), Second floor (above)



ENDOWMENT CONTRIBUTORS

Mr. & Mrs. W.J. Armfield IV
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 Jim & Chris Atkinson
 J. Mack Auman
 John & Jennifer Aumiller
 Robert A. Benzel
 Daniel J. Billow
 Thomas Blom, O.D.
 Dr. C.O. Boyette
 C. Ray & June Brinn
 Harry M. Bryant
 Dr. Jerry Cabe
 Hacker & Kitty Caldwell Family Foundation
 Allan R. Cannon
 Jon Cardi
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 Robert H. Koonts
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 Justin A. Thornton
 W. Lane Verlenden, M.D.
 Harold Walters
 Rickey C. Weisner
 John B. Winfield, M.D.
 William Winget
 Doug Wyland

2014-15 NORTH CAROLINA WRESTLING



INDIVIDUAL RECORDS



Career Winning Percentage

Name	Years	Record	Pct.
1. T. J. Jaworsky	1992-95	110-5-0	.957
2. Doug Wyland	1988-90	74-4-0	.949
3. C.D. Mock	1977-82	108-9-0	.923
4. Rob Koll	1984-88	155-20-1	.884
5. Al Palacio	1978-82	125-19-3	.861
6. JohnMark Bentley	1997-01	92-16-0	.851
7. Chuckie Connor	1996-01	105-20-0	.840
8. Justin Harty	1993-97	119-25-0	.826
9. Shane Camera	1990-94	103-21-5	.817
10. Dave Cooke	1978-82	105-24-1	.812



Single-Season Winning Percentage

Name	Year	Record	Pct.
1. T.J. Jaworsky	1994-95	38-0-0	1.000
C.D. Mock	1981-82	35-0-0	1.000
3. Rob Koll	1987-88	41-1-0	.976
4. T. J. Jaworsky	1992-93	39-1-0	.975
5. Rob Koll	1986-87	47-2-0	.959
6. Al Palacio	1986-87	44-2-0	.957
7. Doug Wyland	1988-89	37-2-0	.948
Doug Wyland	1989-90	37-2-0	.948
9. JohnMark Bentley	2000-01	31-2-0	.940
10. Stan Banks	1994-95	34-3-0	.919
Justin Harty	1995-96	34-3-0	.919



Career Wins

Name	Years	Record
1. Rob Koll	1984-88	155-20-1
2. Al Palacio	1982-87	129-19-3
3. Justin Harty	1993-97	119-25-0
4. Evan Sola	2001-07	117-32-0
Chip McArdle	1982-87	117-38-2
6. T.J. Jaworsky	1992-95	110-5-0
7. Justin Dobies	2005-09	109-55-0
8. C.D. Mock*	1977-82	108-9-0
Pete Welch	1989-92	108-43-4
10. Ben Oberly	1986-90	107-46-6
Enzo Catullo	1985-89	107-38-4

* records are incomplete for Mock's freshman season



Single-Season Wins

Name	Year	Record
1. Rob Koll	1986-87	47-2-0
2. Al Palacio	1986-87	44-2-0
3. Spencer Nadolsky	2005-06	42-7-0
4. Rob Koll	1987-88	41-1-0
5. T.J. Jaworsky	1992-93	39-1-0
6. T.J. Jaworsky	1994-95	38-0-0
7. Evan Henderson	2012-13	38-9-0
8. Evan Henderson	2013-14	37-8-0
Vincent Ramirez	2005-06	37-9-0
Pete Welch	1990-91	37-8-0
Doug Wyland	1989-90	37-2-0
Doug Wyland	1988-89	37-2-0
Chip McArdle	1984-85	37-11-1



Career Falls

Name	Years	Falls
1. T.J. Jaworsky	1992-95	50
2. Rob Koll	1984-88	49
3. Justin Harty	1993-97	46
4. Chuckie Connor	1996-01	38
5. Evan Henderson	2012-pres.	36
6. Lenny Bernstein	1984-88	32
Scott Stay	1995-98	32
8. C.D. Mock*	1978-82	29
9. Al Palacio	1982-87	28
10. Evan Sola	2001-07	27

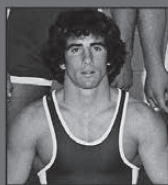


Single-Season Falls

Name	Year	Falls
1. T.J. Jaworsky	1994-95	24
2. Rob Koll	1987-88	18
3. Evan Henderson	2013-14	15
Rob Koll	1985-86	15
Chuckie Connor	1997-98	15
Chris Rodrigues	2002-03	15
7. Justin Harty	1995-96	14
8. C.D. Mock	1979-80	13
T. J. Jaworsky	1992-93	13
T. J. Jaworsky	1993-94	13
Evan Sola	2004-05	13
12. Zac Bennett	2010-11	12
Justin Harty	1996-97	12
Scott Stay	1996-97	12



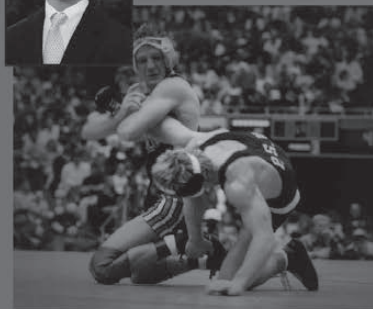
NATIONAL CHAMPIONS


C.D. MOCK

1982 - 134 POUNDS

ROB KOLL

1988 - 158 POUNDS

T.J. JAWORSKY

1993, 1994, 1995 - 134 POUNDS
1995 MOST OUTSTANDING WRESTLER

NCAA Finalists

Year	Name	Wt.	Finish
1981	Dave Cooke	126	runner-up
1982	C.D. Mock	134	champion
1986	Al Palacio	118	runner-up
1988	Rob Koll	158	champion
1989	Doug Wyland	118	runner-up
1993	T.J. Jaworsky	134	champion
1994	T.J. Jaworsky	134	champion
1995	T.J. Jaworsky	134	champion
1996	Justin Harty	Hwt.	runner-up

NCAA All-Americans

Year	Name	Wt.	Finish
1979	C.D. Mock	126	3rd
1981	Dave Cooke	126	2nd
	Jan Michaels	158	8th
1982	Bob Monaghan	118	4th
	Dave Cooke	126	5th
	C.D. Mock	134	1st
	Mike Elinsky	150	7th
	Jan Michaels	167	8th
1983	Jan Michaels	167	3rd
1984	Bob Shriner	190	7th
1985	Rob Koll	150	8th
	Tad Wilson	167	8th
1986	Al Palacio	118	2nd
	Rob Koll	167	3rd
1987	Al Palacio	118	7th
	Lenny Bernstein	142	4th
	Rob Koll	158	3rd
1988	Rob Koll	158	1st
1989	Doug Wyland	118	2nd
	Enzo Catullo	142	6th
1990	Doug Wyland	118	4th
1991	Pete Welch	158	8th
	Shane Camera	167	8th
1992	Jody Staylor	126	6th
1993	T.J. Jaworsky	134	1st
1994	T.J. Jaworsky	134	1st
	Stan Banks	167	8th
	Shane Camera	177	6th
	Justin Harty	Hwt.	8th
1995	T.J. Jaworsky	134	1st
	Stan Banks	167	3rd
	Marc Taylor	150	8th
	Justin Harty	Hwt.	8th
1996	Justin Harty	Hwt.	2nd
1997	Justin Harty	Hwt.	6th
2002	Chris Rodrigues	125	8th
2003	Evan Sola	133	7th
2005	Evan Sola	133	6th
2013	Evan Henderson	141	6th
2014	Evan Henderson	141	4th

All-Time ACC & NCAA Championship Finishes

ACC Championships			NCAA Championships		
Year	Finish	Points	Finish	Points	All-Americans
1956	4th	33			
1957	4th	32			
1958	3rd	39			
1959	2nd	63	T-39th	1	
1960	3rd	41			
1961	2nd	63			
1962	2nd	62			
1963	3rd	42			
1964	2nd	47			
1965	3rd	56			
1966	3rd	52			
1967	3rd	49			
1968	3rd	46			
1969	4th	38			
1970	5th	31			
1971	5th	28			
1972	5th	23			
1973	5th	13			
1974	4th	89			
1975	3rd	50.5			
1976	2nd	64.25			
1977	2nd	75.5	T-34th	3.75	
1978	2nd	67.25	46th	2.5	
1979	1st	82	17th	14.5	Cooke
1980	1st	80.25	T-42nd	3	
1981	3rd	45.25	13th	22	Cooke, Michaels
1982	2nd	82.5	T-5th	47	Monaghan, Cooke, Mock, Elinsky, Michaels
1983	2nd	70.25	T-17th	15	Michaels
1984	1st	77.5	27th	8.5	Shriner
1985	1st	89	T-19th	19	Koll, Wilson
1986	1st	84.25	6th	38.75	Palacio, Koll
1987	1st	94.25	7th	42.75	Palacio, Bernstein, Koll
1988	2nd	74.5	T-16th	26	Koll
1989	2nd	70	18th	27.75	Wyland, Catullo
1990	4th	59.5	16th	23.5	Wyland
1991	2nd	63.5	24th	15.5	Welch, Camera
1992	1st	79.75	18th	15.5	Staylor
1993	1st	78.5	T-15th	27.75	Jaworsky
1994	1st	107	6th	39	Jaworsky, Banks, Camera, Harty
1995	1st	90	8th	54.5	Jaworsky, Banks, Taylor, Harty
1996	2nd	89.5	21st	28.5	Harty
1997	1st	96.5	24th	22	Harty
1998	1st	102.5	T-32nd	11.5	
1999	1st	97.5	32nd	11	
2000	1st	91	T-30th	14.5	
2001	3rd	68	T-66th	1.5	
2002	2nd	72.5	37th	10	Rodrigues
2003	1st	104.5	34th	11	Sola
2004	4th	56	Did Not Score		
2005	1st	76	24th	23	Sola
2006	1st	90.5	T-47th	4.5	
2007	3rd	60.5	T-49th	3	
2008	3rd	77	T-53rd	2	
2009	4th	54.5	46th	7.5	
2010	4th	44.5	T-49th	4	
2011	4th	37	T-43rd	7	
2012	5th	38	54th	3	
2013	4th	45	22nd	21.5	Henderson
2014	4th	38	T-25th	15.5	Henderson

2014-15 NORTH CAROLINA WRESTLING

ACC Wrestler Of The Year

Year	Name
1995	T.J. Jaworsky
1996	Justin Harty
1998	Chuckie Connor
2001	JohnMark Bentley
2002	Chris Rodrigues
2003	Evan Sola
2005	Evan Sola

ACC Rookie Of The Year

Year	Name
2013	Nathan Kraisser

ACC Champions

Year	Name	Wt.
1955	Hugh Cowan	130
1959	John Matney	191
1964	Paul Wellstone	123
1965	Roy Hagerty	147
1974	Carl Hoffman	177
1975	Steve Breece	118
1976	Tim Reaume	134
	Jeff Reintgen	150
	Dave Casale	190
1977	Scott Conkwright	118
	Chris Conkwright	134
	Jeff Reintgen	150
1978	C.D. Mock	126*
	Jeff Reintgen	150
1979	C.D. Mock	126
	Dave Juergens	150
	Carter Mario	158
	Mike Benzel	167
1980	Dave Cooke	126
	Joe Galli	142
	Jan Michaels	158
1981	Dave Cooke	126
	Jan Michaels	158
1982	Dave Cooke	126
	C.D. Mock	134
1983	Al Palacio	118
	Bob Shriner	190
1984	Chip McArdle	118
	John Aumiller	126
	Bill Gaffney	167
	Bob Shriner	190
1985	Al Palacio	118
	Chip McArdle	126
	Craig Spivey	190
1986	Al Palacio	118
	Lenny Bernstein	142
	Rob Koll	158
	Tad Wilson	167
1987	Al Palacio	118
	Lenny Bernstein	142
	Jon Cardi	150
	Rob Koll	158
	Joe Silvestro	167
1988	Rob Koll	158
	Glen Pazinko	190
1989	Doug Wyland	118
	John Welch	134
	Enzo Catullo	142
1990	Doug Wyland	118*
	Ben Oberly	177
1991	Doug Roemer	150
	Pete Welch	158
	Shane Camera	167
1992	Jody Staylor	126
	Dean Moscovic	150
1993	T.J. Jaworsky	134*
	Marc Taylor	158
1994	Mike Kendall	126

	T.J. Jaworsky	134
	Marc Taylor	158
	Stan Banks	167
	Justin Harty	Hwt.
1995	T.J. Jaworsky	134*
	Mike Chase	158
	Stan Banks	167
	Tony Llanusa	190
	Justin Harty	Hwt.
1996	Dave Leonardis	142
	Mike Chase	158
	Louis Pelsang	177
	Justin Harty	Hwt.
1997	Chuckie Connor	118
	Khalil Abdul-Malik	142
	Jason Driggers	167
	Scott Stay	190
	Justin Harty	Hwt.
1998	Chuckie Connor	118
	CC Fisher	126*
	JohnMark Bentley	142
	Corey Bell	177
	Scott Stay	190
1999	JohnMark Bentley	149
	Corey Bell	184
	Matt Kenny	Hwt.
2000	Skyler Holman	125*
	Corey Bell	174
	Clint Osborn	197
	Matt Kenny	Hwt.
2001	JohnMark Bentley	149*
	Corey Bell	174
	Matt Kenny	Hwt.
2002	Matt Kenny	Hwt.
2003	Chris Rodrigues	125
	Evan Sola	133
	Mark Canty	174
	Dusty Heist	184*
	David Dashiell	197
2004	Venroy July	197
	Ryan Adams	Hwt.
2005	Drew Forshey	125
	Evan Sola	133*
	Garrett Atkinson	165
	David Dashiell	197

2006	Jared Royer	133
	Garrett Atkinson	165
	Alex Maciag	174
2007	Evan Sola	133
2008	Justin Dobies	Hwt.
2009	Keegan Mueller	165
2011	Zac Bennett	197
2013	Evan Henderson	141
2014	Nathan Kraisser	125

*Most Outstanding Wrestler

ACC 50th Anniversary Team

Stan Banks
Lenny Bernstein
Shane Camera
Enzo Catullo
Dave Cooke
Justin Harty
T.J. Jaworsky
Rob Koll
Jan Michaels
C.D. Mock
Bob Monaghan
Al Palacio
Bob Shriner
Jody Staylor
Doug Wyland

The Atlantic Coast Conference honored the top wrestlers in league history during 2002-03, with the selection of the ACC 50th Anniversary Team. Leading the way were Carolina and NC State, who each had 15 members of the 50-man squad.



Evan Henderson claimed the 2013 ACC crown at 141 pounds on his way to an All-America finish at NAAs.

2014-15 NORTH CAROLINA WRESTLING



COACHING RECORDS

All-Time Coaching Records

Name	Years	Record	Pct.	ACC	Pct.
Albert Shapiro	1923-26	12-9-1	.568	-	-
Chuck Quinlan	1927-50	75-69-6	.520	-	-
Sam Barnes	1951-73	73-178-6	.296	24-62-0	.279
Bill Lam	1974-03	378-131-4	.741	136-35-1	.794
C.D. Mock	2004-pres.	97-99-3	.495	28-30-1	.491
UNC Totals	89 years	635-486-20	.565	188-127-2	.596

Albert Shapiro • Head Coach, 1923-26

Year	W-L-T	Pct.
1923	3-1-0	.750
1924	4-3-1	.563
1925	1-4-0	.200
1926	4-1-0	.800
4 yrs.	12-9-1	.568

Chuck Quinlan • Head Coach, 1927-50

Year	W-L-T	Pct.
1927	3-2-0	.600
1928	2-4-0	.333
1929	4-2-0	.667
1930	4-3-0	.571
1931	5-1-1	.786
1932	2-4-1	.357
1933	1-4-1	.250
1934	2-5-0	.286
1935	2-4-0	.333
1936	3-3-0	.500
1937	3-4-0	.429
1938	2-4-0	.333
1939	4-3-0	.571
1940	4-3-0	.571
1941	5-1-1	.786
1942	4-3-0	.571
1943	4-1-0	.800
1944	1-2-0	.333
1945	0-3-0	.000
1946	5-1-0	.833
1947	7-1-0	.875
1948	4-2-0	.667
1949	3-4-1	.438
23 yrs.	75-69-6	.520

Sam Barnes • Head Coach, 1951-73

Year	W-L-T	Pct.	ACC W-L-T	ACC RS Finish
1950	1-5-1	.214		
1951	0-9-0	.000		
1952	1-9-0	.100		
1953	3-7-0	.300		
1954	2-7-1	.250	0-3-0	5th
1955	1-9-0	.100	1-4-0	5th
1956	0-10-0	.000	0-5-0	4th
1957	4-5-1	.450	2-3-0	4th
1958	6-4-0	.600	3-2-0	3rd
1959	4-7-0	.364	3-2-0	2nd
1960	3-9-0	.250	2-3-0	3rd
1961	5-6-0	.455	3-1-0	2nd
1962	4-7-1	.375	2-2-0	2nd
1963	2-10-0	.167	0-4-0	3rd

1964	6-7-0	.462	2-3-0	2nd
1965	4-5-2	.455	2-2-0	3rd
1966	6-6-0	.500	1-3-0	3rd
1967	6-5-0	.545	2-2-0	3rd
1968	3-8-1	.292	0-4-0	3rd
1969	6-10-0	.375	1-3-0	4th
1970	2-8-0	.200	0-4-0	5th
1971	1-9-0	.100	0-4-0	5th
1972	2-11-0	.154	0-4-0	5th
1973	2-10-0	.167	0-4-0	5th
24 yrs.	73-178-6	.296	24-62-0	

Bill Lam • Head Coach, 1974-2003

Year	W-L-T	Pct.	ACC W-L-T	ACC RS Finish	NCAA Finish
1974	11-2-0	.821	2-2-1	5th	
1975	8-6-0	.571	2-3-0	3rd	
1976	12-6-0	.667	5-1-0	2nd	
1977	11-5-0	.688	5-1-0	2nd	
1978	9-2-0	.818	4-2-0	2nd	
1979	15-1-0	.938	6-0-0	1st	17th
1980	12-0-0	1.000	7-0-0	1st	
1981	10-5-0	.667	5-2-0	3rd	13th
1982	12-4-0	.750	4-2-0	2nd	5th
1983	12-5-0	.755	4-2-0	2nd	17th
1984	12-6-0	.667	4-2-0	1st	
1985	13-7-0	.650	4-2-0	1st	19th
1986	17-3-1	.833	6-0-0	1st	6th
1987	18-5-0	.783	6-0-0	1st	7th
1988	15-5-0	.750	4-2-0	2nd	16th
1989	18-4-1	.783	5-1-0	2nd	18th
1990	13-7-0	.650	5-1-0	4th	16th
1991	14-7-0	.667	5-1-0	2nd	23rd
1992	15-5-0	.750	4-2-0	1st	18th
1993	12-6-0	.667	5-1-0	2nd	15th
1994	15-3-0	.833	6-0-0	1st	6th
1995	15-2-0	.882	6-0-0	1st	8th
1996	14-3-1	.806	5-0-0	1st	21st
1997	12-2-0	.857	5-0-0	1st	24th
1998	12-4-0	.750	4-1-0	1st	32nd
1999	11-5-0	.688	4-1-0	1st	32nd
2000	7-6-0	.539	2-3-0	1st	30th
2001	8-5-0	.615	4-1-0	T-1st	T-66th
2002	14-5-0	.737	4-1-0	T-1st	37th
2003	11-5-0	.687	4-1-0	2nd	34th
30 yrs.	378-131-4	.741	136-35-1		

C.D. Mock • Head Coach, 2004-Present

Year	W-L-T	Pct.	ACC W-L-T	ACC RS Finish	NCAA Finish
2004	5-11-0	.312	1-4-0	4th	
2005	6-9-0	.400	4-2-0	2nd	24th
2006	16-8-1	.660	3-2-1	3rd	47th
2007	9-7-0	.563	4-2-0	2nd	49th
2008	10-6-0	.625	3-2-0	2nd	53rd
2009	13-9-0	.591	4-1-0	2nd	46th
2010	7-8-1	.469	2-3-0	4th	T49th
2011	9-9-1	.500	2-3-0	4th	T43rd
2012	6-14-0	.300	2-3-0	4th	54th
2013	9-6-0	.600	2-3-0	4th	22nd
2014	7-12-0	.368	1-5-0	6th	T25th
10 yrs.	97-99-3	.495	28-30-1		

Head Coach Bill Lam: 1974-2003

Career Record: 378-131-4; 136-35-1 (ACC)

Five NCAA Champions: C.D. Mock (1982, 134 pounds); Rob Koll (1988, 155 pounds); T.J. Jaworsky (1993, 1994, 1995, 134 pounds)

37 All-Americans

15 ACC Championships: 1979, 1980, 1984, 1985, 1986, 1987, 1992, 1993, 1994, 1995, 1997, 1998, 1999, 2000, 2003

93 ACC Champions

1982 National Coach of the Year

10-time ACC Coach of the Year: 1986, 1987, 1992, 1994, 1995, 1997, 1998, 1999, 2000, 2003



2014-15 NORTH CAROLINA WRESTLING

NOTE: Lettermen listed with their graduation class. List obtained from UNC Alumni Association.

Abdul-Malik, Khalil	1997
Adams, Ryan	2004
Adamson, Jay	2008
Alexander, Charles	1967
Alexander, Thomas	1962
Annas, Justin	2005
Appell, Albert	1964
Arthur, Louis	1963
Atkinson, David	1959
Atkinson, Garrett	2006
Auman, Jason	1933
Aumiller, John	1995
Ball, Frederic	1971
Ballard, Mike	1993
Banks, Stan	1995
Barbis, Tim	2006
Barrett, Deon	2007
Barnabae, Harry	1982
Barnes, David	1970
Barnwell, James	2001
Barringer, Michael	1973
Bearse, Pete	1989
Bell, Corey	2001
Benzel, Mike	1979
Bentley, JohnMark	2001
Bernstein, Lenny	1989
Billett, Barry	1978
Bishop, Chris	1999
Blackmon, Richard	1963
Blair, Robert	1968
Bialock, Thomas	1971
Bokoski, Brian	2014
Bonner, Allan	1937
Booth, Mike	2004
Boyette, Charles	1956
Boyette, Rob	1959
Bradley, Jeffery	1989
Breece, David	1976
Breece, Steve	1978
Brinton, Bob	1975
Brior, Dean	1980
Britton, Isaiah	2006
Broadfoot, Billy	1941
Brooker, Reginald	1962
Bryan, Michael	1973
Burkhead, Neal	1989
Buswell, Ashton	2004
Byers, Brad	2002
Bynum, Brett	1977
Cabe, Jerry	1964
Cabe, Stocky	1988
Calhoun, Dan	1999
Camera, Shane	1994
Canty, Mark	2004
Cardi, Jon	1989
Carr, Greg	2005
Carter, Bob	1973
Carter, Kim	1977
Casale, Dave	1979
Cathell, Edwin	1959
Catullo, Carmen	1992
Catullo, Enzo	1990
Champlin, Curtis	1960
Chase, Mike	1996
Christie, Bill	1985
Clark, Darryl	1990
Conkwright, Chris	1979
Conkwright, Scott	1977
Connell, Ben	2005
Connors, Chuckie	2001
Cook, Billy	1966
Cooke, David	1982
Cornacchione, Anthony	1973
Cowan, Hugh	1955
Cowley, Josh	2000
Crafford, Billy	2002
Craig, Josh	2014
Crane, Robert	1969
Crawford, George	1972
Crook, Robert	1965
Crowley, Pat	1990
Dana, Hugh	1972
Dashiell, David	2007
Davant, Gene	1942
Davis, Kelly	1984
Davis, Paul	1935
Davis, Stacey	1986
Davis, Tracey	1987
DiGuiseppe, Chris	2003
Dobies, Justin	2009
Drew, Peter	1978
Driggers, Jason	1997
Drury, Dennis	2010
Duke, Greg	1979

Dukes, J.W.	1998
Dworin, Elliott	1965
Earnhardt, Donald	1973
Efland, Simpson	1935
Elinsky, Mike	1982
Ellenberger, Tim	1991
Evans, Sam	1976
Echeverri, Steve	2000
Farber, Barry	1952
Farrish, Herb	1977
Ferguson, Fred	1931
Fiacco, Ben	2010
Fisher, CC	1998
Fisher, Danny	1984
Flippin, Joe	2005
Floto, John	1994
Forestiere, Jake	2008
Forshey, Drew	2008
Foz, Patrick	2001
Fransiszin, Alfred	1967
Fry, Pat	1989
Furr, Kenneth	1965
Gaffney, Bill	1984
Galli, Joe	1980
Galloway, Kenneth	1968
Garris, John	1965
Gartrell, Luther	1971
Gaudreau, Bucky	1978
Gibble, Steve	1984
Gibbons, Lemuel	1943
Gilchrist, Pete	1962
Gilner, David	1995
Glaser, Glenn	1964
Glasgow, Bob	1977
Glass, James	1971
Goodwin, Jim	1967
Goodwin, Joel	1984
Gorry, Tommy	1984
Graham, David	1987
Grant, David	1993
Grant, Thomas	1964
Graham, Todd	1991
Gregory, Samuel	1942
Griffin, Harold	1973
Groudie, Jamie	2000
Guthrie, Thomas	1970
Gwyn, Harvey	1935
Haefeli, Kurt	1979
Hagerty, Roy	1966
Hall, Michael	1976
Hall, Rick	1992
Hallman, Wess	1984
Hanan, John	1967
Harrell, Richard	1975
Hart, John	1981
Harty, Justin	1997
Hartung, Todd	1992
Henderson, Perrin	1959
Hill, Bobby	1981
Hiller, Paul	1934
Hocker, Shawn	1994
Hoffman, Carl	1977
Hoke, Ken	1958
Hoke, Robert	1970
Holliday, Rick	1996
Holman, Skylar	2000
Holt, Aaron	2005
Hopler, Adam	2005
Horn, William	1968
Huffstetler, William	1974
Hummel, Joe	1998
Hurley, Gordon	1961
Hussey, William	1934
Iaci, Ross	1994
Iglio, Jeff	1993
Igoe, John Paul	2003
Jacobson, Joseph	1967
Jackson, Ricky	2007
Jay, Ryan	1999
Jaworsky, T.J.	1995
Johnson, George	1969
Johnson, Nyal	1963
Jones, Jack	1963
Joyner, James	1939
Juergens, Dave	1979
July, Venroy	2004
Kauffman, Mike	1982
Kelly, Richard	1969
Kemp, Bill	1948
Kendall, Mike	1996
Kenny, Matt	2002
Keyser, Erik	1991
Kincey, Herbert	1959
King, Matt	1985
Koll, Rob	1989
Kortner, Coleman	1963
Lam, Kurt	1996
Lam, Travis	1994

LaMotta, Jason	2000
Lamphiear, Warren	2003
Landolfo, Jay	1991
Landstra, Gary	1977
Lasalandra, Toney	1986
Lee, Joshua	2004
Lee, Rusty	2000
Leonardis, David	1996
Lewallen, Hays	1989
Liddell, Mark	1977
Liipfert, Bailey	1985
Lister, Steve	1967
Llanusa, Tony	1995
London, Frank	1961
Lopes, Danny	2011
Lord, Robert	1998
Lowery, Randy	1986
Lyons, Boyd	1969
MacDonald, Tim	1978
Mankowich, Pete	1985
Manly, Jim	1974
Mario, Carter	1980
Marks, Pete	1961
Masterson, Norman	1982
Matney, John	1961
McArdle, Chip	1987
McLaughlin, Edward	1953
McSwain, Thomas	1962
Meis, Steve	1983
Merrick, Don	1977
Merritt, Bill	1976
Michaels, Jan	1984
Michelsen, Damon	1995
Miller, Josh	1996
Miller, Bobby	1970
Minor, James	1970
Mock, C.D.	1982
Monaghan, Reid	1996
Monaghan, Bobby	1982
Moore, Richard	1930
Moose, Charlie	1975
Moscovic, Dean	1994
Mueller, Keegan	2009
Nadolsky, Spencer	2007
Nodland, Scott	1983
Oberly, Ben	1990
O'Brien, Morgan	2001
O'Connor, Jimmy	2003
Ogburn, Paul	1970
Osborn, Clint	2001
Owen, Kevin	2010
Palacio, Al	1987
Palacio, Leo	1986
Palker, Guy	1992
Parrish, Robert	1973
Parry, John	1984
Parsons, John	1972
Patrick, George	1938
Paul, Jacob	2004
Pazinko, Glen	1989
Pelsang, Louis	1997
Perrini, Joseph	1960
Peterson, Everett	1938
Phillips, Darren	1984
Pierce, Barry	1971
Pierce, Spencer	1984
Plott, Tim	1984
Posil, Andrew	2005
Popolizio, Tony	1998
Priester, Frederick	1968
Probolus, Andy	1996
Pruitt, Jotham	1998
Purcell, Gary	1974
Purdy, Ronald	1960
Quaile, Charlie	1980
Rainey, Hal	1968
Ramirez, Vincent	2009
Randall, Gregg	1993
Rappo, Mike	2011
Reaume, Tim	1978
Record, Eugene	1963
Reese, Clint	1983
Reich, Otto	1966
Reintgen, Jeff	1978
Reynolds, Jake	2003
Rhine, Henry	1959
Rich, Johnny	2001
Richards, Seth	1994
Roberts, Jonathan	1994
Robinson, Jac	1966
Robinson, Mike	2009
Rodrigues, Chris	2004
Roemer, Doug	1991
Rohrbacher, Tom	1982
Roofner, Ty	1999
Ross, Matt	1971
Royer, Jared	2009
Royer, Nick	2005

Rudolph, Curtis	1979
Rudolph, Carver	1970
Rumley, Richard	1972
Rumley, Thomas	1970
Rumley, Billy	1981
Rupp, Ron	1986
Russell, Raymond	1960
Ruttenberg, Neil	1962
Ryan, Joe	1979
Sara, Charles	1972
Saunders, Doug	1985
Saunders, Jack	1966
Schober, Tom	1978
Scott, Thomas	2011
Seibold, Rick	2005
Shaw, Bobby	2007
Shaw, Jeremy	2010
Shipp, William	1962
Shriner, Bobby	1986
Shuford, Abner	1962
Sickle, Travis	2005
Silimperi, Brad	1994
Silvestro, Joe	1987
Simmons, Donovan	1995
Simmons, Russell	1965
Slack, Andrew	2004
Smith, Bobby	1976
Sola, Evan	2007
Spivey, Craig	1985
Sproles, Charles	1960
Stabile, Nick	2011
Stacy, John	1969
Stanislaus, Greg	2000
Starkey, Mike	1977
Starkey, Mike Jr.	2002
Stay, Scott	1997
Staylor, Jody	1992
Steele, Robert	1969
Stephen, Kirk	1983
Stephenson, James	1971
Stinnett, Eric	1998
Stoioff, John	1950
Sunstein, Charles	1940
Suttle, William	1960
Tate, William	1971
Taylor, Marc	1995
Thekkekantham, Thomas	2004
Thornton, Justin	1972
Tillett, Charles	1942
Toplisek, Mike	1991
Torrey, Donald	1941
Tsumas, Harry	1932
Umstead, Frank	1937
Upshaw, David	1986
Urquhart, Burges	1942
Urquhart, Richard	1968
Vasquez, Jeff	1993
Verlenden, Lane	1967
Wang, Long	2008
Walker, Norman	1980
Walter, Donald	1965
Wanzer, Philip	1969
Ward, Melvin	1937
Warren, William	1965
Waters, Harold	1974
Watkins, Arnold	1981
Weaver, Gerge	1971
Weil, Roger	1942
Weisner, Rickey	1973
Welborn, John	1959
Welch, Pete	1993
Welch, John	1990
Wellstone, Paul	1965
Wheatley, Ben	1986
Wheeler, Gary	1975
Whisnant, Thomas	1971
Wiles, Clarence	1965
Wilhoit, Grover	1961
Williams, Marcus	1975
Williams, Markeith	2000
Wilson, Jason	2001
Wilson, Tad	1987
Wilson, Robert	1975
Wing, Rocky	1979
Winget, Al	1975
Woodall, William	1965
Wooding, Sydney	1969
Wrenn, Lindsey	1974
Wyland, Doug	1990
Zink, George	1940
Zwilling, Gregg	1988



LETTERWINNERS

2014-15 NORTH CAROLINA WRESTLING

YEAR-BY-YEAR RESULTS

Pre-1974 Results

Year	Record	Year	Rec.	ACC Rec.
1923	3-1	1954	2-7	0-3
1924	4-3-1	1955	1-9	1-4
1925	1-4	1956	0-10	0-5
1926	4-1	1957	4-5-1	2-3
1927	4-2	1958	4-7	3-2
1928	2-4	1959	3-9	2-3
1929	4-2	1960	5-6	3-1
1930	4-3	1961	4-7-1	2-2
1931	5-1-1	1962	6-4	3-2
1932	2-4-1	1963	2-10	0-4
1933	1-4-1	1964	6-7	2-3
1934	2-5	1965	4-5-2	2-2
1935	2-4	1966	6-6	1-3
1936	3-3	1967	6-5	2-2
1937	2-4	1968	3-8-1	0-4
1938	2-4	1969	6-10	1-3
1939	4-3	1970	2-8	0-4
1940	4-3	1971	1-9	0-4
1941	5-1-1	1972	2-11	0-4
1942	4-3	1973	2-10	0-4
1943	4-1			
1944	1-2			
1945	0-3			
1946	5-1			
1947	1-1			
1948	4-2			
1949	3-4-1			
1950	1-5-1			
1951	0-9			
1952	1-9			
1953	3-7			

1973-74

(11-2-1, ACC 2-2-1)		
at Campbell	W	26-16
Furman	W	47-6
Western Carolina	W	31-13
NC State	T	16-16
VMI-1	W	33-0
Davidson-1	W	29-5
at Washington & Lee	W	21-17
at Virginia Tech	W	31-13
at Maryland	L	9-31
Virginia-2	L	8-30
American-2	W	31-6
Elon	W	21-18
Clemson	W	34-16
Duke	W	23-14
ACCs (Raleigh, N.C.)		5th Place
1-Lexington, Va.		
2-College Park, Md.		

1974-75

(8-6, 2-3 ACC)		
NC State	W	24-17
Pembroke State	W	35-5
at Lockhaven State	W	24-12
at Penn State	L	15-24
at American	W	40-0
at Navy	L	7-37
at East Carolina	L	18-23
Maryland	L	15-24
Campbell	W	36-7
Virginia Tech	W	34-6
at N.C. State	L	19-21
at Duke	W	31-12
at Western Carolina	W	24-10
Virginia	L	14-28
ACCs (Charlottesville, Va.)		3rd Place

1975-76

(12-6, 5-1 ACC)		
at Pembroke State	W	30-9
Clemson	W	56-0
at Co. School of Mines	W	43-0
at Northern Colorado	W	26-18
at Wyoming	L	16-25
at Oklahoma	L	6-36
Georgia	W	41-0
NC State	W	19-15
at Navy	L	16-22
Clarion	L	19-24
East Carolina	L	13-24
at Old Dominion	W	38-12
at Richmond	W	37-6
at Maryland	W	21-12
Duke	W	37-6
at NC State	L	9-22
at Virginia	W	18-17
at Virginia Tech	W	23-20
ACCs (Chapel Hill)		2nd Place
1-Annapolis, Md.		

1976-77

(11-5, 5-1 ACC)		
at Clemson	W	53-2
Richmond	W	36-5
The Citadel	W	51-0
Pembroke State	W	46-0
at Florida Tech	W	24-14
Lehigh	L	16-27
Wilkes	L	8-29
NC State	W	16-15
at Navy	L	9-26
Yale-1	W	22-10
at East Carolina	L	14-22
at Duke	W	23-17
Maryland	W	30-9
at NC State	L	12-25
Virginia Tech	W	24-17
Virginia	W	22-13
ACCs (College Park, Md.)		2nd Place
1-Annapolis, Md.		

1977-78

(9-2, 4-2 ACC)		
Clemson	W	24-9
East Carolina	W	25-15
at NC State	L	18-24
at Trenton State	W	35-5
Pembroke State	W	48-0
Duke	W	35-10
at Maryland	L	23-18
NC State	W	16-23
at East Carolina	W	32-15
at Virginia	W	26-14
at Virginia Tech	W	24-16
ACCs (Raleigh, N.C.)		2nd Place

1978-79

(15-1, 6-0 ACC)		
at Clemson	W	22-21
Wilkes-1	W	21-20
Yale-1	W	38-9
at Navy	L	16-17
at East Carolina	W	39-8
NC State	W	20-19
Franklin & Marshall-2	W	29-10
at William & Mary	W	27-11
Virginia	W	42-3
Penn State	W	34-4
at Duke	W	35-0
Maryland	W	36-9
at NC State	W	21-18
at Old Dominion	W	25-18
Virginia Tech	W	35-2
East Carolina	W	33-14
ACCs (Durham, N.C.)		1st Place
NCAAs (Corvallis, Ore.)		17th Place
1-Annapolis, Md.		
2-Williamsburg, Va.		

1979-80

(12-0, 7-0 ACC)		
East Carolina	W	28-21
Navy	W	26-13
at NC State	W	21-18
Old Dominion	W	30-11
Duke	W	44-3
Clemson-1	W	25-15
at Maryland	W	28-14
NC State	W	27-15
Syracuse	W	33-8
at Virginia Tech	W	22-19
at Virginia	W	23-17
Georgia Tech	W	32-12
ACCs (Durham, N.C.)		1st Place
NCAAs (Corvallis, Ore.)		42nd Place
1-Gastonia, N.C.		

1980-81

(10-5, 5-2 ACC)		
at Georgia Tech	W	28-9
at Auburn	L	14-28
Northern Iowa	L	5-40
Navy-1	L	5-29
Yale-1	W	30-11
NC State	L	9-29
at East Carolina	W	27-17
Maryland	W	27-9
at Duke	W	21-20
at Old Dominion	W	21-19
Clemson-2	W	24-22
at NC State	L	10-31
Virginia	W	33-6
at Appalachian State	W	30-10
Virginia Tech	W	Forfeit
ACCs (Charlottesville, Va.)		3rd Place
NCAAs (Princeton, N.J.)		13th Place
1-College Park, Md.		
2-Kings Mountain, N.C.		

1981-82

(12-4, 4-2 ACC)		
Iowa State	L	8-27
Oklahoma-1	W	17-24
Oswego State	W	35-6
Hofstra	W	35-6
Appalachian State	W	40-6
Virginia Tech	W	36-5
Old Dominion	W	37-0
Duke	W	35-16
at NC State	L	13-21
Clemson-2	W	25-10
at Navy	W	26-19
Liberty Baptist-3	W	34-11
Pittsburgh-3	W	32-14
at Maryland	W	23-15
NC State	L	17-22
at Virginia	W	29-10
ACCs (Chapel Hill, N.C.)		2nd Place
NCAAs (Ames, Iowa)		5th Place
1-Charlotte, N.C.		
2-York, S.C.		
3-Annapolis, Md.		

1982-83

(12-5, 4-2 ACC)		
Liberty Baptist	W	26-11
at Northern Iowa	L	8-31
at Iowa State	L	15-32
at Virginia Tech	W	26-13
Appalachian St.-1	W	25-14
Air Force-2	W	44-3
Wilkes College-2	W	26-13
Old Dominion-2	W	29-12
at Duke	W	36-8
NC State	L	16-25
at Clemson	W	20-19
at Navy	L	5-29
at George Mason	W	38-4
at Old Dominion	W	24-11
at NC State	L	14-24
Maryland	W	23-14
Virginia	W	27-10
ACCs (College Park, Md.)		2nd Place
NCAAs (Oklahoma City, Okla.)		17th Place
1-Granite City, N.C.		
2-Virginia Duals, Hampton, Va.		

1983-84

(12-6, 4-2 ACC)		
at Liberty Baptist	W	27-12
Iowa State	W	16-23
Wisconsin	W	19-21
Olivet Nazarene-1	W	44-2
Appalachian St.-2	W	26-13
Ohio State-3	W	21-20
Wisconsin-3	L	13-22
Old Dominion-3	L	16-26
Ohio State-3	W	22-13
Navy	W	23-13
Duke	W	45-0
at NC State	L	12-21
Clemson	W	28-12
George Mason	W	45-0
Virginia Tech	W	35-3
NC State	W	20-16
at Virginia	W	20-15
at Maryland	L	13-22

ACCs (Clemson, S.C.)	1st Place
NCAAs (East Rutherford, N.J.)	26th Place
1-Charlotte, N.C.	
2-Rock Hill, S.C.	
3-Virginia Duals, Hampton, Va.	

1984-85

(13-7, 4-2 ACC)		
Liberty Baptist	W	43-11
at Iowa State	L	12-28
at Northern Iowa	L	10-25
at Wisconsin	L	6-30
Illinois-1	W	19-15
California-Poly-1	L	17-32
Temple-1	W	24-14
Ohio State-1	W	22-16
Tennessee-1	W	22-22
Iowa State-1	L	9-34
at Navy	W	23-19
at Duke	W	34-3
Northwestern	W	26-21
NC State	W	18-19
at Clemson	W	24-16
at NC State	L	12-25
Virginia	W	26-12
Appalachian State	W	48-3
The Citadel	W	15-25
ACCs (Chapel Hill, N.C.)		1st Place
NCAAs (Oklahoma City, Okla.)		19th Place
1-Virginia Duals, Hampton, Va.		

1985-86

(17-3-1, 6-0 ACC)		
Waynesburg-1	W	43-9
Liberty-1	W	32-13
Appalachian State-1	W	39-12
Iowa State	L	15-25
Oregon State	W	23-16
at Liberty	W	36-8
Wisconsin	L	11-25
Appalachian State	W	42-4
Michigan State-2	W	34-9
Wisconsin-2	T	17-17
California-Poly-2	W	32-10
Oklahoma-2	L	22-23
Virginia-2	W	40-6
Northern Iowa	W	28-6
Navy	W	32-11
Duke	W	38-9
at NC State	W	19-16
Clemson	W	36-6
at Virginia	W	43-3
at Maryland	W	30-6
NC State	W	37-3
ACCs (Raleigh, N.C.)		1st Place
NCAAs (Iowa City, Iowa)		
1-Western Duals, Boone, N.C.		
2-Virginia Duals, Hampton, Va.		

1986-87

(18-5, 6-0 ACC)		
Tennessee-Chattanooga	W	26-15
Oregon State	W	42-2
at Old Dominion	W	40-3
Liberty	W	39-6
at Northern Iowa	W	25-17
Drake-1	W	29-15
at Iowa State-1	L	16-23
at Iowa	L	14-26
Oregon-2	W	27-9
Wisconsin-2	W	23-15
Oklahoma State-2	L	15-21
Northern Iowa-2	L	19-21
Wisconsin-2	W	23-19
Appalachian State	W	34-9
NC State	W	30-12
at Duke	W	35-11
at Clemson	W	32-11
Virginia	W	34-4
Maryland	W	36-14
at NC State	W	23-11
William & Mary-3	W	36-14
Shippensburg-3	W	42-8
at Navy	L	17-19
ACCs (Durham, N.C.)		1st Place
NCAAs (College Park, Md.)		7th Place
1-Iowa State Duals, Ames, Iowa		
2-Virginia Duals, Hampton, Va.		
3-Annapolis, Md.		

1987-88

(15-5, 4-2 ACC)		
Iowa State	L	18-28
Oregon State	W	21-15
Winston-Salem State	W	43-4
Chowach	W	54-0
at Liberty	W	25-10
Old Dominion	W	29-7
Wisconsin-1	L	14-22
VMI-1	W	24-14
Penn State-1	L	16-23
at VMI	W	26-10
NC State	L	12-26
Duke	W	35-6
Clemson	W	20-14
at Virginia	W	23-15
Drexel-2	W	29-8
at Morgan State	W	27-16
at Maryland	W	20-16
at NC State	L	16-22
James Madison	W	38-10
Navy	W	18-16
ACCs (Charlottesville, Va.)		2nd Place
NCAAs (Ames, Iowa)		16th Place
1-Virginia Duals, Hampton, Va.		
2-Baltimore, Md.		

1988-89

(18-4-1, 5-1 ACC)		
Oregon State	W	28-10
William & Mary-1	L	14-18
Maryland-1	W	20-18
Virginia-1	W	31-14
Syracuse-1	W	18-16
Liberty	W	21-14
at Iowa State	L	25-14
Arizona State-2	L	13-28
Northern Iowa-2	W	24-19
Nebraska-2	W	22-16
NC State-2	W	22-9

Penn State-2	L	10-25
Lock Haven-2	W	25-18
NC State	W	24-7
at Clemson	W	21-13
Virginia	W	33-7
Morgan State	W	26-14
at NC State	L	15-17

2014-15 NORTH CAROLINA WRESTLING



YEAR-BY-YEAR RESULTS

Penn	W	34-4
UT-Chattanooga	W	38-7
at NC State	W	24-9
vs. Iowa State-1	W	24-13
vs. Michigan-2	W	29-11
vs. Oklahoma State-1	L	14-29
vs. Iowa State-1	W	19-26
vs. Penn State-1	L	16-23
Clemson	W	26-12
at Virginia	W	36-3
at Liberty	W	30-6
vs. Penn State-2	L	18-19
at Maryland	W	40-0
NC State	W	28-5
Duke	W	23-13
Navy	W	26-9
ACCs (Charlottesville, Va.)	1st place	
NCAAs (Chapel Hill, N.C.)	6th place	
1-National Duals, Lincoln, Neb.		
2-Hershey, Pa.		
1994-95		
(15-2, 6-0 ACC)		
vs. Army-1	W	30-9
vs. Cornell-1	W	28-12
at Brown	W	32-3
NC State	W	29-13
vs. Pittsburgh-2	W	30-7
vs. Iowa-2	L	9-33
vs. Fresno State-2	W	22-17
vs. Iowa State	L	19-24
vs. Pittsburgh	W	33-9
Virginia	W	31-10
at Clemson	W	36-4
Maryland	W	38-6
Ohio State	W	24-15
Tennessee-Chattanooga	W	34-12
at NC State	W	32-9
Duke	W	43-9
at Navy	W	30-14
ACCs (College Park, Md.)	1st place	
NCAAs (Iowa City, Iowa)	8th place	
1-at Providence, R.I.		
2-National Duals, Lincoln, Neb.		
1995-96		
(14-3-1, 5-0 ACC)		
Georgia State	W	45-6
Army-1	W	28-9
Brown-1	W	35-9
Cornell-1	L	16-18
at East Stroudsburg	W	31-12
at NC State	W	27-9
#9 Penn State-2	L	12-26
Fresno State-2	W	19-18
#22 Clarion-2	W	33-13
#4 Michigan State-2	T	17-17
#8 Arizona State-2	L	19-25
at Virginia	W	30-3
at The Citadel	W	38-10
UNC Greensboro	W	27-10
at Duke	W	36-9
Navy	W	37-3
at Maryland	W	30-3
NC State	W	27-12
ACCs (Chapel Hill, N.C.)	2nd place	
NCAAs (Minneapolis, Minn.)	21st place	
1-ACC-EIWA Challenge, Chapel Hill, N.C.		
2-National Duals, Lincoln, Neb.		
1996-97		
(12-2, 5-0 ACC)		
Brown-1	W	41-7
Army-1	W	33-12
at Penn-1	W	24-15
at NC State	W	26-9
at #13 Nebraska-2	L	16-19
at #23 Clarion-2	L	14-24
Virginia	W	29-7
Maryland	W	31-9
The Citadel	W	49-6
at UNC Greensboro	W	40-3
Appalachian State	W	24-18
at Navy	W	30-9
NC State	W	30-6
at Duke	W	30-10
ACCs (Raleigh, N.C.)	1st place	
NCAAs (Cedar Falls, Iowa)	24th place	
1-ACC-EIWA Challenge, Philadelphia, Pa.		
2-National Duals, Lincoln, Neb.		
1997-98		
(12-4, 4-1 ACC)		
at Nebraska	L	6-29
Ohio-1	L	15-21
Appalachian State-1	W	33-10
Cal Poly-1	L	7-29
NC State	L	17-18
at Ohio State	W	24-11
Delaware State-2	W	43-9
UNC Greensboro	W	40-6
at Virginia	W	18-12
at Maryland	W	38-0
Georgia State	W	36-9
Virginia Tech	W	25-10
The Citadel	W	7-29
Duke	W	34-6
Navy	W	28-6
at NC State	W	23-13
ACCs (Durham, N.C.)	1st place	
NCAAs (Cleveland, Ohio)	32nd place	
1-Virginia Duals, Hampton, Va.		
2-Columbus, Ohio		
1998-99		
(11-5, 4-1 ACC)		
Cornell-1	L	15-22
Edinboro-1	W	22-9
Lock Haven-1	W	16-15
Boise State-1	W	22-18
Cornell-1	L	15-19
at NC State	W	26-12
Virginia	W	32-6
at The Citadel	W	41-3
Carson-Newman (S.C.)	W	29-13
at UNC Greensboro	W	35-3
Oklahoma State	L	10-31
Maryland	W	40-0
Nebraska	L	3-30
at Duke	W	35-9
at Navy	W	29-11

NC State	L	17-18
ACCs (Charlottesville, Va.)	1st place	
NCAAs (State College, Pa.)	32nd place	
1-Virginia Duals (Virginia Beach, Va.)		
1999-2000		
(7-5, 2-3 ACC)		
Pittsburgh-1	L	8-30
Virginia-1	W	22-16
Virginia Tech-1	L	18-20
NC State	L	18-21
at Virginia	W	27-9
at Maryland	L	19-21
Appalachian State	W	30-15
The Citadel	W	35-18
Duke	W	31-9
Navy	W	23-18
Ohio	L	16-18
at NC State	L	18-22
James Madison	W	26-8
ACCs (College Park, Md.)	1st place	
NCAAs (St. Louis, Mo.)	30th place	
1-Virginia Duals (Hampton, Va.)		
2000-01		
(8-5, 4-1 ACC)		
Lehigh	W	17-16
Kent State-1	L	9-25
Cal-State Bakersfield	L	17-18
at NC State	W	16-14
at Ohio	L	16-19
at Ohio State	L	4-35
UNC Greensboro	W	41-0
Appalachian State	W	32-9
Virginia	W	24-12
at Duke	W	35-3
at Navy	W	21-13
Maryland	W	24-12
NC State	L	16-19
ACCs (Chapel Hill, N.C.)	3rd place	
NCAAs (Iowa City, Iowa)	T-66th place	
1-Virginia Duals (Hampton, Va.)		
2001-02		
(14-5, 4-1 ACC)		
Virginia Tech-1	L	30-12
#9 Missouri-1	L	9-37
Indiana-1	W	23-21
Army-1	W	28-12
Kent State-1	L	19-20
NC State	W	21-9
Ohio	W	21-17
Cumberland	W	32-18
Campbell	W	43-3
UNC Greensboro	W	35-0
Virginia	W	31-9
Maryland	W	24-9
Duke	W	33-6
at Navy	L	16-18
at NC State	L	12-22
at Lehigh	L	7-32
at Drexel	W	26-8
Appalachian State	W	34-6
Gardner-Webb	W	27-19
ACCs (Raleigh, N.C.)	2nd place	
NCAAs (Albany, N.Y.)	37th place	
1-Virginia Duals (Hampton, Va.)		
2002-03		
(11-5, 4-1 ACC)		
vs. #4 Illinois-1	L	12-22
vs. Army-1	W	21-12
vs. Rider-1	W	21-14
vs. #24 Edinboro-1	L	17-23
at NC State	W	21-13
UNC Greensboro	W	36-9
Anderson College	W	42-0
Virginia	L	17-20
Maryland	W	30-9
at Duke	W	29-9
at Navy	L	10-21
NC State	W	22-12
at #7 Michigan State	L	15-22
at Eastern Michigan	W	25-9
at Appalachian State	W	24-12
Campbell	W	39-3
ACCs (Boone, N.C.)	1st place	
NCAAs (Kansas City, Mo.)	34th place	
1-Virginia Duals (Hampton, Va.)		
2003-04		
(5-11, 1-4 ACC)		
#3 Lehigh-1	L	0-41
Kent State-1	W	16-15
Rider-1	L	18-21
NC State	L	12-26
vs. Drexel	W	17-15
at Maryland	W	19-15
at Virginia	L	20-24
vs. Davidson-2	W	30-7
at UNC Greensboro	L	20-20
Duke*	L	13-21
vs. Eastern Michigan	L	13-18
at American	W	40-0
vs. Navy	L	13-24
at NC State*	L	12-19
at #2 Nebraska	L	0-47
Appalachian State	W	36-6
ACCs (Charlottesville, Va.)	4th place	
NCAAs (St. Louis, Mo.)	DNS	
1-Virginia Duals (Hampton, Va.)		
2004-05		
(6-9, 4-2 ACC)		
Maryland	W	36-3
#6 Nebraska-1	L	25-26
Virginia-1	W	25-9
#12 Missouri-1	L	13-25
Virginia	W	25-12
#7 Nebraska	L	7-34
at NC State	L	17-21
#21 Navy	L	10-27
at Duke	W	28-10
vs. Drexel	L	20-21
at #25 Penn	L	10-24
Virginia Tech	L	15-21
vs. #9 Central Michigan	W	9-29
at The Citadel	W	29-10
NC State	W	19-16
ACCs (Greensboro, N.C.)	1st place	
NCAAs (St. Louis, Mo.)	24th place	
1-Virginia Duals (Hampton, Va.)		

2005-06		
(16-8-1, 3-2-1 ACC)		
at Appalachian State-1	W	23-18
VMI-1	W	32-15
#22 Chattanooga-1	W	24-15
Drexel-2	W	26-9
at Clarion-2	W	34-9
Kent State-2	W	28-10
Northern Colorado-3	W	27-12
Stanford-3	W	21-10
#18 Wisconsin-3	L	15-21
UC Davis-4	W	24-12
Chattanooga-4	L	16-17
Rider-4	W	37-3
Virginia-4	W	20-18
Ohio State-4	W	28-13
Chattanooga-4	L	13-24
NC State	T	16-16
#25 Penn	L	8-33
The Citadel	L	9-33
at Virginia	L	10-27
at Maryland	L	18-24
at #19 Navy	L	4-41
Duke	W	22-15
vs. Virginia Tech-5	W	31-9
at NC State	W	20-16
Old Dominion	W	19-16
ACCs (Lexington, Va.)	1st place	
NCAAs (Oklahoma City, Okla.)	47th place	
1-Mat Jam Duals (Boone, N.C.)		
2-Clarion Duals (Clarion, Pa.)		
3-Lone Star Duals (Grand Prairie, Texas)		
4-Virginia Duals (Hampton, Va.)		
5-Richmond, Va.		
2006-07		
(9-7, 4-2 ACC)		
Purdue-1	L	3-33
#10 Northwestern-1	L	9-30
Wisconsin-1	L	9-35
Utah Valley State-2	W	36-9
Boise State-2	W	25-15
Northern Colorado-2	W	26-13
at Maryland	L	12-26
vs. #16 Illinois	L	3-32
NC State	W	16-14
#22 Navy	L	9-25
at Duke-3	W	30-12
at NC State	L	12-25
vs. VMI	W	37-2
at The Citadel	W	26-18
ACCs (Raleigh, N.C.)	3rd place	
NCAAs (Auburn Hills, Mich.)	49th place	
1-ACC/Big Ten Clash (Chapel Hill, N.C.)		
2-Lone Star Duals (Grand Prairie, Texas)		
3-Chapel Hill High School		
2007-08		
(10-6, 3-2 ACC)		
Michigan State-1	L	15-21
Purdue-1	W	22-16
vs. Brown-2	W	28-3
vs. Harvard-2	W	35-3
vs. #19 Oklahoma-2	L	6-27
#21 Maryland	L	17-19
Belmont Abbey	W	48-0
Duke	W	32-6
at Virginia	L	13-18
at Virginia Tech	W	22-12
at Drexel	W	26-12
at #25 Penn	L	14-24
at NC State	W	24-18
at #22 Pittsburgh	L	19-20
The Citadel	W	37-9
Campbell	W	46-6
ACCs (College Park, Md.)	3rd place	
NCAAs (St. Louis, Mo.)	53rd place	
1-ACC/Big Ten Clash (Chapel Hill, N.C.)		
2-Lone Star Duals (Grand Prairie, Texas)		
2008-09		
(13-9, 4-1 ACC)		
Michigan State-1	L	12-18
Wisconsin-1	L	8-27
Illinois-1	L	9-26
at Binghamton-2	W	27-10
vs. West Virginia-2	L	11-21
vs. Rutgers-2	W	33-3
vs. #11 Oklahoma-3	L	3-27
vs. Cal Poly-3	W	31-3
vs. Army-3	W	23-12
at American	L	19-25
at Maryland	W	19-15
at Belmont Abbey	W	22-16
vs. Davidson	W	29-10
at Duke	W	25-10
Virginia	W	23-9
Navy	W	25-9
#13 Virginia Tech	L	15-19
NC State	W	33-12
Ohio	W	26-12
#4 Nebraska	L	15-24
at Newberry	W	43-0
vs. Anderson	L	14-24
ACCs (Blacksburg, Va.)	4th place	
NCAAs (St. Louis, Mo.)	46th place	
1-ACC/Big Ten Clash (Chapel Hill, N.C.)		
2-Sprawl & Brawl (Binghamton, N.Y.)		
3-Lone Star Duals (Grand Prairie, Texas)		
2009-10		
(7-8-1, 2-3 ACC)		
Gardner-Webb-1	W	43-0
#16 American-1	W	26-9
Bucknell-1	L	14-19
vs. #12 Lehigh-2	L	10-26
vs. Binghamton-2	L	16-18
vs. Columbia-2	T	18-18
#7 Maryland	L	0-41
Duke	W	26-12
at #15 Virginia Tech	L	16-25
at #16 Virginia	L	12-23
at Navy	L	15-21
at NC State	W	34-12
at #21 Edinboro	W	24-14
vs. Cleveland State	W	40-0
at Clarion	W	19-25
at The Citadel	W	21-16
ACCs (Raleigh, N.C.)	4th	
NCAAs (Omaha, Neb.)	T49th	
1-ACC Challenge (Chapel Hill, N.C.)		
2-Northeast Duals (Troy, N.Y.)		

2010-11		
(9-9-1, 2-3 ACC)		
Drexel-1	W	46-0
Lock Haven-1	W	19-16
Kent State	L	10-25
Chattanooga-2	W	21-18
#4 Wisconsin-2	L	3-27
UNC Greensboro-2	W	23-17
at Hofstra	L	17-19
at #19 Rutgers	L	6-28
#4 Virginia Tech	L	9-25
Clarion	W	32-10
at Duke	W	33-9
Virginia	L	6-28
Appalachian State	T	19-19
at Navy	L	19-21
at Maryland	L	18-20
NC State	W	24-12
Edinboro	W	29-17
#14 Nebraska	L	6-31
The Citadel	W	19-18
ACCs (Charlottesville, Va.)	4th	
NCAAs (Philadelphia, Pa.)	T43rd	
1-Hershey Duals (Hershey, Pa.)		
2-ACC Challenge (Chapel Hill, N.C.)		
2011-12		
(6-14, 2-3 ACC)		
vs. #8 Illinois-1	L	9-32
vs. Boston University-1	L	12-24
vs. #10 Rutgers-1	L	16-20
vs. #13 Ohio State-1	L	6-36
vs. #14 Rutgers-2	L	9-33
vs. #16 Penn-2	L	12-32
vs. #6 Lehigh-2	L	17-27
Duke	W	30-5
vs. #50 Rider-3	W	18-15
vs. #9 Edinboro-3	L	14-22
vs. The Citadel-3	L	12-29
at Virginia	L	10-24
at Virginia Tech	L	12-29
#13 Maryland	L	10-25
Navy	L	12-25
at NC State	W	20-18
vs. #22 Northwestern	L	15-20
at Campbell	W	31-10
vs. Sacred Heart	W	55-0
at The Citadel	W	26-12
ACCs (Chapel Hill, N.C.)	5th	
NCAAs (St. Louis, Mo.)	54th	
2-Northeast Duals (Troy, N.Y.)		
3-Virginia Duals (Hampton, Va.)		
2012-13		
(9-6, 2-3 ACC)		
Arizona State	L	16-21
South Dakota State	W	36-6
at #14 Nebraska	L	12-25
vs. Michigan State	W	23-21
at Clarion	W	21-12
at Drexel	W	24-10
#19 Virginia	L	9-24
#11 Virginia Tech	L	9-32
at Navy	L	6-27
at Maryland	L	16-21
NC State	W	30-6
VMI	W	28-9
at Duke	W	24-13
Campbell	W	26-19
The Citadel	W	27-9
ACCs (College Park, Md.)	4th	
NCAAs (Des Moines, Iowa)	22nd	
2013-14		
(7-12, 1-5 ACC)		
#20 Wisconsin	W	24-21
Old Dominion	L	6-25
Hofstra	L	15-25
Binghamton	W	22-14
Central Michigan	L	16-18
Michigan State	W	19-22
Buffalo	W	26-12
Eastern Michigan	W	18-16
Clarion	W	32-4
#16 Virginia Tech	L	3-29
#24 Stanford	L	12-28
Maryland	L	15-18
Navy	L	18-19
NC State	L	16-19
#12 Virginia	L	9-21
Duke	W	24-12
The Citadel	L	18-19
Pittsburgh	L	12-22
SIU-Edwardsville	W	32-15
ACCs (Blacksburg, Va.)	4th	
NCAAs (Oklahoma City, Okla.)	T25th	



THE RAMS CLUB

THANK YOU RAMS CLUB MEMBERS!

YOU ARE WHY OUR WORLD-CLASS STUDENT-ATHLETES AND COACHES WORK TO BE SMARTER, FASTER AND STRONGER EVERY YEAR IN ORDER TO LIVE UP TO CAROLINA'S TRADITION OF SUCCESS.

Each year, The Rams Club's primary mission of fully funding all 450 of Carolina's student-athlete scholarships becomes more and more challenging. Thanks to the incredible generosity and longevity of support from Rams Club members, The Rams Club has always been able to fulfill our mission.

Because of this support, Carolina student-athletes have excelled representing the Tar Heels in the classroom and on the playing field.

In addition to the nine ACC Players of the Year and four ACC Freshmen of the Year, 88 Tar Heels were recognized on All-ACC Academic Teams, two were named ACC Scholar Athletes of the Year and UNC Field Hockey's Loren Shealy was named Sports Illustrated's College Athlete of the Year. None of these incredible feats would be possible without the foundation of support you provide for Carolina Athletics.

YOU ARE WHY Carolina continues to educate and inspire the best student-athletes in the nation!



329 student-athletes were named to UNC's Dean's List during the academic year of 2013-2014.



The NCAA honored five University of North Carolina athletic programs whose Academic Progress Rates are among the top 10 percent nationally.



A record number of UNC student-athletes – 347 – made the ACC Academic Honor Roll in 2013-14. UNC's previous high was 329 in 2012-13.



THE RAMS CLUB



YOU ARE WHY...

Carolina Educates & Inspires the Best Student-Athletes in the Country



THE RAMS CLUB

THANK YOU RAMS CLUB MEMBERS

CURRENT MEMBERS

MAKE AN EVEN GREATER IMPACT!

As costs continue to increase, current Rams Club members can make an even greater impact on the success of Carolina Athletics through the following ways:

GIVE 110%

Our student-athletes routinely give 110%. By simply giving 110% of your membership level, you can help insure that The Rams Club can continue to meet rising scholarship costs.

REFER MEMBERS

In order to continue support for a successful athletics program, we need to build our membership! By having a new member mention your name upon signing up for The Rams Club, you'll earn additional priority points.

CAPITAL PROJECTS

By making a pledge to The Loudermilk Center for Excellence, you can help complete the fundraising for this project that now provides student-athletes a world-class academic and training facility. Contributions will receive 1.4 points per \$100 contributed.

FUTURE MEMBERS

JOIN THE RAMS CLUB TODAY!

Support from Rams Club members has been integral in establishing Carolina as a leader in collegiate athletics. Consider joining The Rams Club to help solidify the tradition of excellence that Carolina works to uphold.

Members of The Rams Club enjoy many great benefits – the most rewarding benefits being your commitment to provide opportunities for worthy young men and women to represent Carolina. Rams Club members also receive ticket priority over the general public for football, men's and women's basketball and baseball as well as exclusive access to the latest Carolina news and special events. For more information about how you can help secure the future success of Carolina Athletics and enjoy the benefits of being a Rams Club member, visit RamsClub.com or call The Rams Club at 919.843.2000.



919.843.2000



www.ramsclub.com



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The Rams Club



@TheRamsClub

2014-15 NORTH CAROLINA WRESTLING SCHEDULE

DATE	OPPONENT	LOCATION
Nov. 9	Hokie Open	Blacksburg, Va.
Nov. 15	at Stanford	Stanford, Calif.
Nov. 16	Roadrunner Open	Fresno, Calif.
Nov. 22	Navy Classic	Annapolis, Md.
Nov. 30	at Appalachian State	Boone, N.C.
Dec. 13	vs. Purdue	Marietta, Ga.
Dec. 14	vs. Chattanooga	Lawrenceville, Ga.
Jan. 1-2	Southern Scuffle	Chattanooga, Tenn.
Jan. 11	Pittsburgh Duals	Pittsburgh, Pa.
	Pittsburgh*, Lock Haven	
Jan. 16	at Gardner-Webb	Boiling Springs, N.C.
Jan. 24	at Navy	Annapolis, Md.
Jan. 25	George Mason Duals	Fairfax, Va.
	Rider, George Mason	
Feb. 1	NC STATE*	CHAPEL HILL
Feb. 1	DREXEL	CHAPEL HILL
Feb. 7	VIRGINIA* (GoHeelsTV)	CHAPEL HILL
Feb. 11	at Duke* (ESPN3)	Durham, N.C.
Feb. 20	VIRGINIA TECH*	CHAPEL HILL
Feb. 22	OKLAHOMA STATE	CHAPEL HILL
Feb. 22	THE CITADEL	CHAPEL HILL
March 8	ACC Championships	Pittsburgh, Pa.
March 19-21	NCAA Championships	St. Louis, Mo.

*Denotes ACC opponent

